

DEDHAM PARISH MAGAZINE

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DEDHAM PARISH CHURCH

dedham-and-ardleigh-parishes.org.uk

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DEDHAM PARISH MAGAZINE

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Can we help?

Sometimes things in life can just get too much to cope with on your own...

Psalm 34:18: The Lord is close to the broken-hearted and saves those who are crushed in spirit.

If you would like some support or know of anyone who would, please contact:

Ann Shaw \$\alpha 322 192 or Christine Mingay \$\alpha 230 723

If you have been bereaved or know of anyone who has, please contact

Vee Druit **☎322 000** or Ruth Higginson **☎322 598**

Throughout the magazine local telephone numbers omit 201206 area code unless otherwise stated.

Services for NOVEMBER

Sunday 4 November

8am Holy Communion BCP Dedham 9.30am Rise n' Shine Dedham I I am Morning Prayer CW Ardleigh 4pm Remembering Your loved ones Ardleigh

Sunday II November

10.45amRemembrance ServiceDedham10.45amRemembrance ServiceArdleigh

Sunday 18 November

8amHoly Communion BCPDedham9.30amMatins BCPDedhamI I amParish EucharistArdleigh3pmSunday@3Ardleigh

Sunday 25 November

8am Holy Communion BCP Ardleigh 9.30am Morning Praise Dedham 5pm Revive@5 Dedham

Sunday 2 December

8am Holy Communion BCP Dedham 9.30am Rise n' Shine Dedham I I am Morning Prayer CW Ardleigh 5pm Evensong Dedham

> BCP – Book of Common Prayer CW – Common Worship

CHURCH TOWER FLAG DAYS



Sunday 11th November Remembrance Day

FROM THE REGISTER

Weddings:

29th September 2018Nicola Gilbert and
George Catto

Weekly Midweek Services:

Tuesday Morning Prayer

Dedham at 10.30am

Thursday Evening Prayer

Ardleigh at 5pm

Special Events

Monday Lunch Club, Monday 5 November, 12.30pm, Essex Tea Room, Dedham Men's Breakfast, Saturday 10 November, 9am, The Vicarage, Dedham Friendship Group, Tuesday 13 and 27 November, 10am, Ardleigh Church Big Breakfast, Saturday 17 November from 8.30am, Assembly Rooms, Dedham Christmas Tree Festival, 1 to 8 December, Dedham Church Dedham Christmas Market, Saturday 1 December, Dedham Church & High St

If you would like a lift to church contact Ann Shaw 2322 192 or Ruth Higginson 2322 598

The Art of Dying Well

One of the tasks that usually falls to an Army Chaplain is to help soldiers to write a will before they embark on operations. The Army expects soldiers to think about the possibility that they might die whilst serving their country. Finding yourself in a room of 18-25 year olds who are trying to decide where their possessions and death in service support should go to, is a moving experience. I wrote my own instructions for my funeral before I went to Afghanistan in 2015.



Reverend Antony Wilson

This month we are as a nation commemorating the end of World War One, a war which saw over 700,000 soldiers die. Alfred James Bird is buried in our churchyard and 32 others are commemorated on the War Memorial. Our Remembrance Service is on 11th November at 10.45am. A number of other events are taking place over that weekend see **page 10**.

It is also the time of year in the church calendar when we celebrate All Saints and All Souls Day. There is special service *Remembering Our Loved Ones* on 4th November at 4pm at St Mary's, Ardleigh.

So as we pause to give thanks for the sacrifice of so many young men and women who had to make their own preparations for the possibility (or probability) of dying, how prepared are we?

Perhaps we can learn from the 14th century? The Black Death is sweeping across the continent, killing more than 25% of the entire population.

The dreadful disease can sweep into a village or town without warning, and no-one, rich or poor, is safe from its ravages. It's not surprising that many people became obsessed with death and the way that plague could ambush the living at a moment's notice. It was in this climate that documents called *Ars Moriendi*, the 'Art of Dying', started to circulate. In an age in which priests controlled every aspect of Christian life, the *Ars Moriendi* were self-help manuals for lay people. A modern equivalent title might be *Dying for Dummies*!

In times of plague you could not be confident that a priest would be present to hear your confession and help you to prepare for the end. Instead of passively accepting the ministrations of clerics and carers, the dying person was encouraged and exhorted to action, engagement, and preparation for faithful dying.

Of course, our world is vastly different from the one in which the *Ars Moriendi* circulated. But perhaps we too are at risk of facing the dying process with passivity and despair. Dying has perhaps become too much an event in which is defined and managed only by medics. Are we, the patients, in danger of being passive and helpless recipients?

What would happen if we tried to translate the medieval art of dying into our world of technological medicine and care pathways for dying people? We have much to learn from the practical wisdom that helped Christian believers of the medieval period face the ending of their lives on earth. Here we will discover a way to practise faith, love, and hope as we commend our deaths, as well as our lives, into the hands of our loving God.

If you ever want a conversation about this do contact me or Merv and have a look at **artofdyingwell.org** to explore some more.



The True meaning of Christmas

Christmas means different things to everyone. However you celebrate Christmas, the one thing that does unite everyone at this time of year is a sense of coming together and thinking of others through acts of selfless giving.

Preparations are well under way for the Dedham Christmas Market taking place this year on **Saturday I**st **December from 3pm to 6pm**. This annual event, now a much anticipated event in the life of our village, draws hundreds of visitors from near and far. There is a real coming together, from the parents who organise the event to the stall holders, performers and visitors who attend. It is the largest fundraiser for Dedham Primary Parent Group, raising well in excess of £4000 for resources and fun activities that enhance the overall learning experience for children

It is also a great opportunity for businesses on the High Street, bringing much needed footfall to our local retailers who have been affected following the temporary relocation of the Coop since last Christmas.

Behind the scenes there are a number of people all working hard to pull everything together. These are people who generously give up hours of their time as an act of service and way of giving back to the community they love.

With more stalls and an opening to the market by a performance by the Dedham Primary School Choir at 3.15pm, this year the market promises to be even bigger and better than before. In the run up to the market, villagers can expect to see seven themed hampers on display at retailers across the village. Parents and school children all help by donating items for the hampers. To be in with a chance of winning one of the hampers be sure to purchase your raffle tickets.

This year the Santa's Grotto will be held in The Marlborough. Again, tickets will go on sale at the school nearer the time, although it will be possible to book tickets on the day.

Once again, Dedham Church will be filled with fabulously creative trees, as the Christmas Tree Festival kicks off on the same day as the market. This year the trees will remain on display all week from **Saturday I**st **until Saturday 8**th **December**, so if you miss the market, or want to come and visit the church when it is a little less busy you can. Briony Lawton has been running the festival for the last few years and was inspired to take it on as way of bringing people into church and pulling the whole community together.

"I love the creativity of people — every year we have a wide range of entries. Last year there was the poignancy of Ellie Sambrook's and the humour of Antony and Gabbie Watson's entries. Every year people come up with something unique. No two entries are ever the same!"

Entry forms for the Christmas Tree Festival will be sent out via the school, emailed to local businesses and posted on Dedham Vale Voice. They are also available to pick up in the church or by e-mailing sal.buchanan@me.com . Closing date for entries is **Friday 23**rd **November**.



As well as the trees, visitors to the church can expect a community sing-along to carols plus some other performances to get people in the Christmas spirit. There will also be a special film screening of *A Charlie Brown Christmas* ... which provides one answer to that question... what really is the true meaning of Christmas?

Come along on Saturday Ist December and find out what Christmas means to the people of Dedham! Sally Buchanan

Dedham and Ardleigh Parishes

Commemorative Events to mark the end of WWI

Saturday 10th November

WWI themed display of Art at Dedham Church by Dedham Arts Society from 10am-4pm

Historical display at Ardleigh church from 10am-4pm

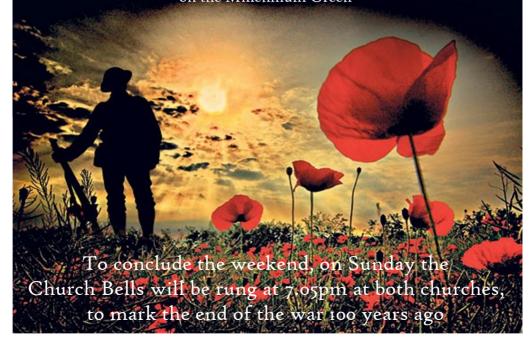
The Festival of Remembrance, live broadcast from the Royal Albert Hall at Dedham Assembly Rooms, Starts 7pm, doors open 6:30pm

Sunday 11th November

Traditional Remembrance Services at Ardleigh & Dedham Starting at 10.45am

Enjoy readings, poems & singalong to songs remembering WWI with the Coopers Choristers & Dedham School Choir Assembly Rooms at 5pm, light refreshments provided

At 7pm Ardleigh joins the National tribute with Beacon lighting on the Millennium Green



WORLD WAR I: REMEMBERED

DEDHAM ASSEMBLY ROOMS NOVEMBER 11th 5:00-7:00pm **PROGRAMME**

- Starting with tea & cakes
- Poetry & Prose Readings: 1914 & 1915
 (Colin Biggins, David Druitt & Ann Shaw)
- Songs Dedham C of E Primary School Senior Choir
- Poetry & Prose Readings: 1916 & 1917
- Songs and singalong with the Cooper's Lane Choristers

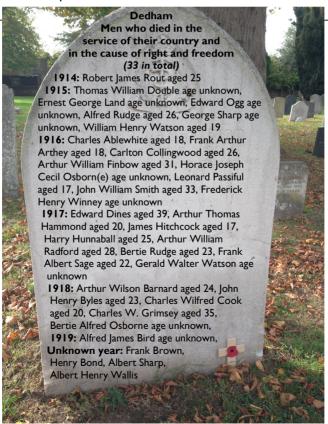
Keep the Homes Fires Burning

It's a long way to Tipperary/Pack up your troubles (medley)

Roses of Picardy

Hello, Hello who's your Lady Friend/Good Byee, Good Byee (medley)

- Poetry & Prose Readings: 1918
- 6:40 Close & walk to St Mary's Church, Dedham for the national ringing of church bells at 7.05 p.m.



The "witches' cauldron" that failed to save the Co-op

The answer to Dedham's long running suspense mystery has at last been revealed. The Co-op, ram-raided just before Christmas last year, re-opens on Tuesday 30 October at 9 am –five months after the earlier optimistic estimate of the end of May and at a cost of around £550,000.

The society's £5 gift to customers on the opening was one reward for almost a year's patience (or impatience). The other is a greatly improved, up to date Dedham High Street grocery store. Staff who had been employed elsewhere are all given their jobs back and Diane Roper the store manager is in charge. She said, after the raid, how sad she felt to see "our shop", which had been festively decorated for Christmas, falling apart around them.

Sneak glimpses, as the scaffolding and boarding was finally taken down, revealed a brighter, more impressive interior. Emphasis has been on local produce with cheeses from Hamish Johnson, an enlarged vegetable section with green grocery from Valley Grown Salads, local baked bread and cakes from Peacocks, pet food from Su-Bridge in Norfolk. There is an increased range of wines: "You guys like your wine and there will be plenty of gins," Roger Grosvenor, chief executive of the East of England Co-op, said. However, the fashionable low alcohol Adnams Ghost Ship beer will also be on sale.

The ATM cash machine, which the ram-raiders failed to take, has been reinstated, as far away from the fascia of the store as possible. The front has been re-enforced and will be security monitored day and night, as well as being protected by bollards. But isn't it tempting providence to re-install the ATM?

Mr Grosvenor says the Co-op Society has a strong sense of responsibility to Dedham and is proud of the store being in the heart of the community. Even when the huge cost of the re-building became clear they did not consider moving the shop.

"The cash machine is a life line for many people and the store is equidistant from each end of the High Street. A lot of people, especially the elderly, walk to it. We consider it primarily a top-up shop. People may go out of the village to buy more but we focus on essentials - milk, bread, fresh food."

So what has caused the five month further work on the restoration? The Co-op is a Grade II listed historic building and required planning consent. The floor was to be levelled throughout, a strong steel frame to secure the building required deep digging - and in addition to these factors, asbestos was discovered and had to be removed.

As soon as the excavation began, well-preserved and important medieval remains were discovered revealing much about Dedham's history. A condition of planning permission was that archaeological work should be carried out during the rebuilding.

"Everyone wanted the work done as quickly as possible," Adam Wightman, senior project officer from the Colchester Archaeological Trust said. "We were very impressed with the way Rose Builders handled the very difficult work a historic building requires and managed to work around us.

"Everyone's patience in waiting for the work to be done properly has been rewarded. Important finds have been made and also the ceiling on the second floor has fantastic joists which are beautifully carved and which I hope will be left on show."





But the most compelling find, not only in archaeological terms but - ironically in the circumstances of the ram-raid - was a two-handled tripod cauldron dating from the late 1500s, strangely buried, intentionally, upright - not so much for cooking but probably to bring good luck and ward off evil spirits - rather like a witch's cauldron. One is tempted to observe that it may have served its purpose for more than 400 years but the ancient spells clearly failed to cope with 21st century ram-raiders. "This kind of tripod find has been quite frequent in this area where people were superstitious about magic, witches and evil spirits.. Adam Tuffey, Excavation team, Colchester Archaeological Trust

"Another discovery was an impressive number of dress pins which may have belonged to the lady of the house."

Disappointingly the chimney in the middle of the shop floor has had to remain, as it was judged as of important historical value.

But though its removal would have given the store more floor space, Roger Grosvenor is philosophical and takes pride in the Co-op custodianship of the past: "It's history; and history is lost if nobody looks after it.

"The Dedham Co-op is an important building in the village. We wanted to make sure it was looked after."

Anthea Hall

Parish Council November 2018

Dedham Co-op. By the time this magazine is published we will have witnessed the opening of the newly restored Co-op Store in Dedham. The loss of this vital facility and service to our local community has been longer than we had expected but has been understandable given the listed status of the building and the need to respect the old timbers and structure of the building. I am sure that everyone involved has worked as quickly as possible. From the perspective of the Parish Council we have done all we can to support the temporary arrangements in the Duchy Barn and I would like to take this opportunity to issue a big vote of appreciation to Chief Executive Roger Grosvenor and his staff for their stalwart commitment to Dedham and our local community. special mention should be made of the staff who have continued to provide a service to Dedham residents by staffing the temporary pop up shop in the Duchy Barn and who have remained cheerful throughout. Well done and thanks to all. We should also acknowledge the willingness and co-operation of Antony and the church authorities for making the Duchy Barn available at such short notice. It will be good to have our full facilities returned to everyone, well in time for Christmas. This is an excellent example of what we can achieve in Dedham with positive co-operation from all.

Sheila Beeton

The big autumn sweep-up. It is a timely opportunity to appreciate the efforts of our intrepid litter-collector, Iris Hindley. Iris keeps the village looking spick and span throughout the year, but Autumn is the season when we appreciate her most! As you go about your business in the village, you may not notice that the pavements are clear of leaf debris. This is because Iris spends many hours sweeping and collecting leaves, along with the regular litter that is dropped around our beautiful village. She also has a pocket full of treats for her regular canine friends! Thank you Iris.

Dogs on playing field. At its October meeting, the Parish Council discussed the issue of dogs on the Playing Field. There is no by-law that would allow the Parish Council to insist that dogs be kept on leads. However, we have been able to enlist the support of Colchester Borough Council's Zone Warden team to support us in getting the message across that dog fouling is not allowed and can be enforced with a fixed penalty notice. Residents can report any issues of dog fouling via CBC's website.

Nicola Baker

www.dedhamparishcouncil.co.uk

Clerk Emma Cansdale **201255 871483** Mclerk@dedhamparishcouncil.co.uk

THE "SEASON OF MISTS AND MELLOW FRUITFULNESS" (John Keats)

So we are led into the garden's Autumn colours. Late-flowering fuchsias are putting on a good show, mauve asters (aka 'Michaelmas Daisies') are making a splash of colour along with bright yellow rudbeckias, still flowering after six weeks. A buttery-yellow *Gingko biloba* and several small acers in pots brightened the front shady border with wonderful oranges and reds before the leaves fell.

Dogwoods stems will soon be on show - red, yellow, orange and the almost black *Cornus* Kesselringii). *C.* 'Midwinter Fire' features a lot in garden articles - but take note!



Unlike other Cornus varieties this one sends up new shoots underground so allow space around it for digging them out, otherwise removing them from surrounding permanent planting is difficult. But the splash of orangey-red during the winter is fantastic and a few stems in a vase will brighten up a dull corner. Dogwoods should be cut hard back in spring if you want colourful stems next year.

Leaf collecting has begun (to go on for months yet!!): leaves shredded from the leaf vac have gone into black bin sacs, holes punched, sprinkled with water and stored in the useful space between the potting shed and next door's fence. The remaining bag from last year's supply of 10 has only just been added to compost bins – that's after the 25 or so CBC garden bags were filled with leaves – what a chore, particularly as they fall from neighbouring trees!! It may be jolly good exercise to rake up leaves on the lawn but for a

larger area, collect them using your mower set high – to be nicely shredded in no time. Mowing the lawn on its usual **medium** winter setting results in a useful mix of shredded leaves and grass cuttings – excellent for composting or mulching.

Worm casts on the lawn? As they don't brush off easily this time of year, blitzing them with a strong jet from the hose disperses them really well so that they don't get trodden in.

At last I tackled a job put off for far too long – tidying the potting shed - so a pat on the back for me! Accompanied by *Gardeners Question Time* on the radio, everything came out: dead flies, cobwebs and spiders swept away, windows cleaned, tools put away properly, bug stuff and fertilisers sorted – well you know how it goes on and on ...

Reducing the number of plastic pots (stacked inside and out) had to be really drastic; unfortunately recycling garden pots is still a problem, as the black plastic ones are NOT recyclable. However, there is hope on a distant horizon: the RHS magazine, *The Garden,* reports that trials of taupe coloured pots (that's a sort of beige!) made from recycled materials are under way – good news indeed.

Many of you will grow the ever-popular small narcissus *Tête à Tête*, so you will be interested to know that it has two new cousins: *Tête Bouclé*, a fully double version, and *Tête Rosette* with a double trumpet and a single layer of outer petals. Currently (mid-Oct) they are on several websites but should you spot them at the garden centre, snap them up – they really are lovely and will be great in pots.

Diary Date: Wednesday 7 November: Local artist Sue Pownell, will speak to DHS on *British Art in Greenhouses and Conservatories*. Assembly Rooms, 7.30 pm. Visitors are very welcome.

Join Dedham Horticultural Society www.dedhamgardening.wordpress.com

Elizabeth Ellis

News from Ardleigh Surgery

We hope you have all enjoyed the beautiful weather and fantastic summer we have had recently. It has been a busy time at the surgery with lots of new faces joining the team over the last few months.

Firstly our new practice manager joined us in June. Ruth Waring has been a practice manager in a busy GP surgery in Bethnal Green East London for 15 years before moving with her family to Colchester this year. She has lived and worked in London since a child and started working in her local GP surgery aged 16 helping with filing, before working as a receptionist, IT lead, assistant manager and then practice manager.

We also have a new full time GP Dr Pippa Outtridge. Pippa grew up in Ipswich before studying medicine at Barts and The London medical school. She completed her junior doctor rotations and GP training across East London before working in Ipswich for a number of years. She moved full circle to return to live in the local area 2 years ago and she and her husband are slowly filling their home with their horses and a new puppy.

We also have two registrars, Dr James Greenland and Dr Victoria Okeke both in their final year of GP training, joining us for the next 12 months.

After many years of hard work and dedication Jan Burgess has now qualified as a registered nurse and nurse Fiona Wallington has completed her prescribing exams. Many congratulations to them both.

Huge congratulations to Dr Rebecca Thompson who has recently given birth to a beautiful baby girl and is currently on maternity leave. We hope she and her husband are enjoying this very special time together.

Practice Pressures

As I am sure you are all acutely aware, the NHS as a whole is under increasing pressures. Both hospitals and GP surgeries are experiencing unprecedented demand and the "winter pressure" is now felt throughout the year. Patients are requiring more appointments annually and often have more complex medical needs and medications for the GPs and nurses to manage. We also have a lot of new growth in population in the local area due to the new housing developments.

Currently Dr Thompson is off on maternity leave and we are lucky to have Dr Heracleous joining the team to cover some of her shifts. Many of you will have heard that Dr Vernon Bettle is currently also sadly off sick and I am sure you will join us in wishing him well and sending him our best wishes for his recovery.

I'm sure you will appreciate, within our small team, this is putting an increased pressure on GP appointments, so please be patient with the staff and surgery as we are doing our best to continue to provide as many clinic appointments as we are able. We are needing to prioritise some of our clinics for "On the day" emergency appointments and hence the usual pre-bookable waiting times are increasing.

How can you help?

APPOINTMENTS: Over the last 6 months there been an increased number of patients phoning late in the day, requesting appointments on the same day. **Please call at 8:30am to make appointments** as best possible. It is very difficult for us to accommodate appointments at short notice in the afternoons on the same day.

<u>HOME VISITS:</u> Also please can we remind patients requiring **home visits to call as best able, early in the morning. Preferably before 10am.** This allows the morning duty doctor time to prioritize and visit these patients. We are finding increasing numbers of patients requesting home visits after 3pm which is difficult for the afternoon duty doctor to do in a timely manner, as they are often also dealing with emergency appointments in the afternoon.

MISSED APPOINTMENTS: If you are going to miss your appointment, or no longer need it, please let the surgery know so the appointment can be reallocated. The number of Did Not Attend appointments is on the rise. In the last 3 months we had 530 DNA appointments between the doctors and nurses.

<u>PRESCRIPTIONS:</u> Please remember to allow at least 48 hrs for a prescription turn around and to book in for your annual medication reviews, when they are due.

<u>ALTERNATIVE SOURCES OF SUPPORT:</u> Pharmacies, NHS choices, III can all be utilized for support and guidance. Also remember there is the Walk In Centre in Colchester for out of hours emergency appointments.

Our flu jabs are now in stock, please book in for adult and children flu jabs as required. Best wishes,

The Ardleigh Surgery

Dedham Footpath Group. Enjoy walking, meeting new people? Then why not come along to walks organised by the Dedham Footpath Group. We walk 4-5 miles on the first Sunday morning of each month from various locations. **NOVEMBER Sunday 4th at 10.30am.** Meet at Hadleigh town centre (behind Partridges and the Coop). The walk will be along footpaths and quiet roads to the popular village of Kersey where it is planned to stop for refreshments before returning by the same route. Overall time approximately 3 1/2 hours. The group welcomes all walkers and those with well behaved dogs, kept on leads at all times, are also welcome to join us.. For more information email DedhamFG@outlook.com

Dedham Good Neighbours Club, held its very last meeting on Friday 5th October at the pavilion. The club has been around since its first meeting in February 1954. The last few members enjoyed a last outing to Tiptree in September where they had lunch at Perrywood garden centre and then onto tiptree jam. At our last meeting Marjorie Cullum came along with her guide dog puppy "John" where we presented her with the clubs remaining funds of over £200 to go to guide dogs for the blind in memory of her mum Rhoda Smith, a past member for a long time of the club.

Assembly Rooms



Antiques Fair:

Sunday 4 November, All Day Parish Council meeting Monday 5 November, 7pm Starlight Dancing

Mondays 9.30-12 am

WEA Meetings

Wednesdays 9.30am

Horticultural Society Meeting

Wednesday 7 November, 7.30 pm

Little Squigglers

Thursday 10.30-12 noon

Dedham Art Society

Thursday 8 & 22 November, 2-4pm

WWI Events

Saturday 10 November, 6.30 for 7pm, Live Broadcast Festival of Remembrance Sunday 11 November, 5pm Readings, Poems and Songs

Craft Fair

Saturday 10 November, 10am–4pm **Big Breakfast**Saturday 17 November, 8.30am **Dedham Films**

Wednesday 21 November, 7pm

Dolls House Fair

Saturday 24 November, 10am-4pm

Duchy Barn Community Centre in Mallett Room Coffee Mornings

Tuesdays and Thursdays, 10.30 -12.30pm Friday 30 November **Bridge in Dedham** Wednesdays, 2pm-5pm Thursdays, 7pm-10pm **Youth Club** Fridays, 7.30-9.15pm

2019 Village Quiz

The annual Village Quiz for organisations or groups based in Dedham will be held on

Saturday 19th January 2019

In the Assembly Rooms
7:00 for 7:30 start with six people
per team and a maximum of 20
teams.

Tickets will cost £10 per person and will include a light supper. There will be a bar and raffle. All proceeds will be donated to Colchester & Tendring Youth Enquiry Service. A local charity supporting teenagers in crisis As this event is run to raise money for charity we would respectfully request that only drink purchased at the bar is consumed on the evening. To enter a team please contact Tracy Woods 01206 323921 tracy.woods@btinternet.com

For information and to make a booking for the Assembly Rooms please contact:

Tracy Woods \$\mathbb{2}323921\$

dedhamassemblyrooms@gmail.com

Assembly Rooms, Dedham
Films Admission 7pm, , begin 7.30pm
Tickets £4

from Shakespeare House Gallery OR www.dedhamfilms.co.uk





The Guernsey Literary & Potato Peel Pie Society (12a) Directed by Mike Newell Wednesday 21 November 2018, 7.30pm to 10pm

London, 1946. Juliet (Lily James), a charismatic and free-spirited writer receives a letter from a member of a mysterious literary club started in Nazioccupied Guernsey. Her curiosity piqued, Juliet decides to visit the island. There she meets the delightfully eccentric members of the Guernsey

Literary and Potato Peel Pie Society, including Dawsey (Michiel Huisman), the rugged and intriguing farmer who wrote her the letter. As the secrets from their wartime past unfold, Juliet's growing attachment to the island, the book club and her affection for Dawsey will change the course of her life forever.

Tickets £4 will be available at the previous monthly screening or on the green banner of our home page, or from Shakespeare House Gallery, Dedham High Street.





A Busy Start To The Season For Dedham Old Boys Football Club

Dedham Old Boys Football Club plays in the Essex and Suffolk Border League. The First Team plays in the Premier Division and the Reserve Team plays in Division Three. The club was founded in 1877, is one of the oldest in the area and has a rich history.

The new season is now well underway and has already brought some success for the club. The First Team had a testing start to the new season but have now found their stride and have three wins in the bag. Especially pleasing was the recent 3 - I victory over Gas Recreation who were last season's champions. The Reserve Team finished last season as Border League Reserve Knock Out Cup winners and have achieved five wins and two draws from nine fixtures so far this season.

We aim to contribute to the local community and this year again staged The Chris Clark Challenge Cup match against Lawford. We lost the match but the real winner was Macmillan Cancer support for whom the match raised over £500. Last year this fixture raised over £1500 for The Colchester Cancer Centre and we hope to raise more for deserving charities next year. We also stage an annual quiz which raises funds for the club and also provides some entertainment for the wider community.

It is an expensive business running a football club and we rely upon financial support from sponsors, supporters and local events that we run to keep the club moving forward. We are delighted that local firms Fiducia Wealth Management, Wilkin & Sons, Bodyworks Physiotherapy Clinic and The Will Writing Partnership have chosen to sponsor the club. Their support helps us keep the club running.

We run a supporters club that offers members discounted half time drinks and use of the bar on match days as well as entry to our monthly draw for a £50.00 prize. Membership is open for the current season and costs £25.00 per person. Please contact us via email to dobfc@outlook.com or call 07753 838375 to join!

This year's quiz will take place on 24th November at the Sports Club Pavilion starting at 7:30pm. Teams of up to six people are invited. Entry costs £5.00 per person and includes a light supper. The winning team will receive a case of wine and there will be a raffle for some top notch prizes. If you would like to enter a team email dobfc@outlook.com, call 07753 838375 or message us via our Facebook page. You can keep up to date on what is going on at the club via our website www.dedhamoldboysfc.co.uk or Facebook www.facebook.com/DedhamOldBoysFC/. Last but by no means least we are always keen to welcome new players so if you would like to play competitive football contact us or come along to training on a Wednesday evening when training starts at 7:30pm.

Andrew Bell, Chairman, Dedham Old Boys Football Club



Stour Valley Men's Probus Club

Recent Meetings: We don't meet in August and returned for the autumn season the autumn on Wednesday 5 September. At short notice the speaker wasn't able to join us so President Graeme Forsyth ran a Plant Quiz enjoyed by all present.

Norman Jacobs talked about "Pie 'n' Mash & Prefabs" on Wednesday 3 October and on 17 October Sally Chicken discussed the "The Regeneration of Shotley Pier", a plan very much in the news! **Future Meetings & Diary Dates**: On 7th November Peter James will talk about "The Great Essex Earthquake" and two weeks later on 21 November Jo Harrison's talk is entitled "Going Underground". We meet at the convenient St John Ambulance HQ, Manningtree COII IEB

New members are welcomed: Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am. Please contact Speaker Secretary Dave Carman on 01255 880202 for further details.



Stour Valley U3A

Recent Meetings: Richard Heap, Production Director of Stephen Walters & Sons Ltd talked on "Silk Weaving In Sudbury" on Wednesday 10 October. He covered the history of silk weaving and how it

came to Sudbury; the Silk Road from China to Sudbury; how silk yarns are processed; the silk Trade; partnerships and relationships between supplier and customer and how the Company engages with the local community and the environment.

Future Meetings & Diary Dates: Our November 14th meeting will feature Davis Simmonds, a National Trust speaker and volunteer, introducing "The Coast Of East Anglia". The East Anglian coast is full of contrasts and has much beauty, history and wild-life. His presentation will focus on National Trust coastal properties in Essex & Suffolk. NEW - each month the Coffee Grinders will meet at The Lambe School, Gaston Street,

East Bergholt, CO7 6SD from 10-12 noon. This meeting especially welcomes new members but gives all members the opportunity of meeting the activity Group Leaders and the Committee whilst enjoying a cup of coffee. The next meeting is on Friday 23 November.

Membership: Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have over 340 members and 35 active groups. For further information please visit www.stourvalleyu3a.org.uk where membership secretary Gillian Gibbs may be contacted. We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except December. Whilst Visitors are welcome to join us on a limited number of occasions, paying a donation each time, Members are given priority to speaker meetings due to the halls capacity limit for safety reasons. Remember: It's never too late to learn! Join over 400,000 members across over 1,000 U3As throughout the UK today!

THEATRE

Tuesday 30 Oct to 3 Nov

Shakespeare: Othello - various times, New Wolsey Theatre, Ipswich.

Wednesday 31 Oct to 1 Nov

Buckets by Adam Barnard Colchester Institute Students CP3, Headgate Theatre, Colchester, 7.45pm.

Thursday I Nov

Wot? No Fish!! Written and performed by Danny Braverman - a show about love, Lakeside Theatre, Colchester, 7.30pm.

Alan Benett: Allelujah! Filmed live at London's Bridge Theatre, 7pm and on 5 Nov

1:30 pm at Odeon Colchester and on 10

Monday 5 to 10 Nov

Nov, 3.30pm, at Lakeside.

lan Hislop and Nick Newman: Trial By Laughter, New Wolsey Theatre, Ipswich.

Tuesday 6 to 7 Nov

Flat 2B Directed by Finn Todd, Lakeside Theatre, Colchester, 7.45pm.

Thursday 8 Nov

Lest We Forget - Headgate Theatre Productions, Headgate Theatre, Colchester, 7.45pm, to 10 Nov.

Red: Encore Screening, Lakeside Theatre, 7.30pm.

Saturday 10 Nov

For The Fallen: poems and music to commemorate the first world war, Mercury Theatre, Colchester, 7.30pm.

Tuesday 13 Nov

Edward Albee: The Goat/ Who Is Sylvia? Lakeside, 7.45pm.

Wednesday 14 Nov

Shakespeare: Troilus and CressidaRoyal Shakespeare Company - LL, 5pm at
Odeon and at Firstsite and at Lakeside

Theatre.

Thursday 15 Nov

Ventoux by 2Magpies, Lakeside, 7.30pm.

Tuesday 20 Nov

Alan Bennett: The Madness of George III Live from Nottingham Playhouse, 7pm at Odeon and at Firstsite and at Lakeside.

Wednesday 21 to 24 Nov

The Ladykillers by Gordon Linehan-Colchester Theatre Group, Headgate Theatre, 7.30pm.

Thursday 22 Nov

To Hell in a Handbag by Helen Norton and Jonathan White, Lakeside, 7.30pm.

Saturday 24 Nov to 20 Jan

Jack and the Beanstalk, Mercury Theatre, Colchester, to 20 Jan.

Tuesday 27 Nov

Just Us Two by Nichola Richards, Lakeside 7.45pm, to 28 Nov.

Thursday 29 Nov to 2 Feb

Cinderella, New Wolsey Theatre, Ipswich.

MUSIC

Thursday I Nov

Florian Pagitch (Kossiach, Austria), Colchester Moot Hall Organ, Ipm.

Friday 2 Nov

6 Hands Trio, guitar, Mercury Theatre, Colchester, 7.30pm.

Saturday 3 Nov

Trio Asimsiz, Ipswich Chamber Music Society, 7.30pm at Ipswich School.

Baroque Fest: Christina Kobb – Fortepiano, Pimlott Foundation, 7.30pm at Old House, Great Horkesley.

Handel: Messiah, Stowmarket Chorale at ₂₀St Peter & St Mary's Church.

Sunday 4 Nov

Singing for Health - workshop with Amy Mallett. All day, Pimlott Foundation at Old House, Great Horkesley.

Saturday 10 Nov

Fauré: Requiem and other works, Lexden Choral Society, 7.30pm at St Botolph's, Colchester.

Pack Up Your Troubles ~ a concert for peace, Quire, at Peldon and the Wigborough Community Hall 7.30pm.

Britten: War Requiem 7.30pm at Snape Maltings, Aldeburgh.

Sunday II Nov

Merlin Ensemble - Liszt - R. Strauss - Brahms, Stour Valley Arts and Music, 4pm at Dedham Church.

Monday 12 Nov

Armistice Day Concert, Suffolk Philharmonic Orchestra, 4pm at Ipswich Corn Exchange.

Saturday 17 Nov

Alan Bullard: Images of Peace (première) and Vaughan Williams: Dona Nobis Pacem and Benedicite, Colchester Choral Society, 7.30pm at St Botolph's. Greater Love Hath No Man Fauré: Reg-

uiem, Ipswich Chamber Choir, 7pm at St Mary-le-Tower, Ipswich.

Rushmere St Andrew Community Concert, Trianon, 7.30pm at St Andrews
Church Rushmere, Ipswich.

40th Anniversary Concert, West Bergholt Concert Band at Coggeshall Church.

Sunday 18 Nov

The Song of Songs in Renaissance Music, Cambridge Renaissance Voices, 7.30pm at Long Melford Church.

Friday 23 Nov

Fauré: Requiem, Ipswich Choral Society, 7.30pm.

Saturday 24 Nov

Haydn: The Creation, Hadleigh Choral Society at Hadleigh Church.

Beethoven: Piano Concerto, Ipswich Symphony Orchestra, 7.30pm at Ipswich Corn Exchange.

Rossini: Petite Messe Solonelle, Witham Choral Society at United Reform Church.

Saturday I Dec.

Bach: Christmas Oratorio and Vivaldi: Gloria, selections, Ipswich Bach Choir, 7.30pm at St John's Church.

Sasha Johnson Manning: The Manchester Carols, Stour Choral Society, 2.30pm at Mistley Church.

OPERA/MUSICAL

Monday 29 Oct

Fame, the musical, Regent Theatre Ipswich, 7.30pm, to 3 Nov.

Lucky Stiff, Gallery Players, Sir John Mills Theatre, 7.45pm, to 3 Nov, Ipswich.

Friday 2 Nov to 4 Nov

English Touring Opera, 7.30pm at Snape Maltings, Aldeburgh, Handel: Radamisto (Fri). Triple bill: Dido & Aeneas, Jonas, I Will Not Speak (Sat). Bach: St Matthew Passion (3pm Sun).

Saturday 10 Nov

Nico Muhly: Marnie, Metropolitan Opera New York - LL, 5.55pm at Firstsite.

Thursday 29 Nov

The King and I: screening From The London Palladium, Lakeside Theatre and Odeon Colchester, 7pm and at Firstsite 2pm 2 Dec

BALLET/DANCE

Thursday I Nov

Ballet Black, Mercury Theatre, Colchester, 7.30pm.

Tuesday 13 Nov

La Bayadère, Royal Ballet - LL, 7.15pm at Odeon Colchester.

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Dedham in World War I

When we think of the First World War, the awful death toll and hellish trench warfare feature heavily. But what was going on at home? What was life like in villages like Dedham? Perusing the Parish Magazines of the time builds a picture of a community coming together with spirit and determination to play its part in the war effort

In 1915 an Emergency Committee for Dedham was formed, which issued instructions as to how the inhabitants ought to act in the event of an invasion of the Eastern Counties by the enemy, naming assembly points at specified places in the village where 'all old and infirm people' should go, supervised by the Special Constables of the parish. 'We are locked in a life and death struggle for our existence as a free people. It is an ideal that we have fought for and won in the past', the Committee wrote. 'We must spare no means and neglect no preparation in order to secure it.'

Eighteen Dedham men were at that time serving abroad, and a collection was made so that parcels could be sent to them from the village, each containing a shirt, muffler, socks and mittens, with a tin of shortbread, bulls-eyes, bootlaces, an English-French vocabulary, and a copy of one of the Gospels.

A 'Ladies' Society' had already been working hard, and by the spring of 1915 had made and

distributed over 1,200 garments, sent in particular to Belgian and French soldiers and refugees. There was clearly a great desire to help, and workers met two afternoons and two mornings a week at The Grove to make bandages and swabs, which were sent to a depot in Ipswich. Then in July the owners of Great House allowed rooms there to be used for a bigger, more organised effort, to be called the Stour Valley War Hospital Depot. parishes of Stratford and Langham are joining with Dedham', the Ladies' Society wrote, 'and subscriptions amounting to £30 a month have already been promised for the expenses of the Depot and the cost of materials. We want, however, £40 to £50 a month. Help will be voluntary, and all workers, whether for cleaning, needlework or making bandages, give their services free.



The Depot will be open every afternoon except Saturday 2-6'. An appeal was made for more workers, 'especially those who will promise one afternoon, or two hours every week', and 40 people enrolled themselves in response.

By August there were more than a hundred helpers, including some from Ardleigh and Holton St Mary. A report in the Parish Magazine recorded that, 'Last week's dispatch amounted to no fewer than 422 bandages, 790 swabs, 47 garments of various kinds, 100 sandbags and 467 hospital bags. Besides this men have set to work on splints; fruit and vegetables are sold in aid of working funds, and generous contributions of jam have come in. The regulation hospital supplies are mostly forwarded through the Ipswich War Hospital Depot, but special consignments have been sent as needed to the Colchester Military Hospital, the Essex County Hospital, and the Ardleigh Soldiers' Hospital.

The Ardleigh Soldiers Hospital, had been set up in what was known as The Vicar's Room, previously used as a meeting hall, next to the Post Office. With Red Cross involvement, it was for soldiers who needed nursing care, although not seriously wounded, and Miss Mounsley, who lived at Lamb Corner's Hill House, was put in charge. Contributing to its medical, clothing and food supplies clearly became important to the inhabitants of Dedham.

By late summer 1915, there was fear of enemy action from the air, and it was thought prudent to insure the church building against bomb damage. The cost was £20 for the year, which caused a serious deficit in the ecclesiastical expenses. The Home Office issued strict orders that all lights were to be effectively shaded, with Special Constables ensuring that people complied. But it was considered impractical to prevent light emanating from the church's many large windows, so the evening service was transferred to the Memorial Hall (now Dedham Assembly Rooms).

Just as well. For on the night of 12th September 1915 a Zeppelin crossed the coast on a bombing raid. It passed over Dedham, then Stratford St Mary, where it was shot at, whereupon it turned and dropped four bombs on East Bergholt. Then it headed up the coast before returning across the sea. Luckily its ordnance failed to explode, and people who came to look at the bombs donated £5 13s to the Stour Valley Hospital Supply Depot. 'It is an ill wind that blows no one any good', the Parish Magazine reported defiantly, 'and it would be well if the Germans could know that the only effect of any kind resulting from their visit was this additional and most welcome sum to the funds of the Depot.'

Colonel Green, a Dedham man home on leave, gave a talk about his experiences in France, stressing the need for more men to join up, and by Christmas 1915, 150 parcels were despatched to men from Dedham, Langham and Stratford St Mary serving at the front. As more agricultural workers were called up, farms were left short of labour. There was a national plea, 'Will women take up the work?' In May 1916, a lecturer from the Essex Women's Agricultural Association had no doubt they could.

FEATURE: 'DEDHAM IN WORLD WAR I

'Singling out the root crops, weeding, hoeing, rolling, harrowing, pea-picking, helping with the hay-making and harvest, tending poultry and pigs, stock-feeding, milking, dairying are all parts of farming which women are quite capable of undertaking.' Ploughing she did not much advise them to take up, since it was work of a character which was beyond a woman's physical strength. Naturally a woman could not do as much hard work as a man, and if paid by time, the lecturer thought 3d an hour a fair wage for women who have not had much experience in farm work.

The Government also provided suitable clothing, if required, at 'very moderate' prices – for instance good strong boots at 7s 8d a pair (over thirty hours' work needed to buy them, at that rate). She concluded by appealing to women of all classes to come forward to help their country in this work, which was next in importance to the manufacture of munitions. 'Field work for women has been looked upon by some as derogatory. That is a great mistake, for good, honest work cannot be derogatory.'

At Hill House, Lamb Corner, an enterprise was set up for women and children who wished to contribute in less strenuous ways, making toys to take the place of German made toys. An instructor was brought down from London, and the co-operative was affiliated with the British Toy Association. In due course an exhibition was held, in which prize winning toys included a doll's motor, a small working model of a crane, an acrobatic clown, a wooden horse and, made by two ten-year old girls, some Woolley Willies. The report gives no clue as to what these last, wonderfully named, objects might have been.

Children and teachers in the Sunday School were contributing their pennies in order to send parcels to Essex Regiment men who were prisoners of war in Germany. By June 1917, there were reckoned to be 46 such unfortunates, costing £2 10s each a month in food parcels.

Seeking finance, the Government established the National War Savings Association, and villagers were urged to contribute weekly. 'When a subscriber has contributed 15s 6d he is entitled to a certificate for that amount, which five years from the date of issue will be worth $\pounds I$ ', the Parish Magazine announced. 'For an absolutely sound investment there is none that can compare with these War Certificates, and we urge everyone as a national duty as well as a common prudence to avail themselves of this great opportunity which the Government offers them.'

Food production was also a constant anxiety, and villagers were asked to grow as much as possible from fields, gardens and allotments. Eggs were particularly valued, and volunteers collected from those who could spare them. Typically about 150 a month were donated to the wounded soldiers at Ardleigh Hospital from Dedham villagers.

Almost every issue of the Parish Magazine had to record the death of one or more local men, a tragedy for the families and a source of great sadness to the village. But life wasn't all hard work and mourning. Soldiers, first from the Royal Garrison Artillery, and later the Herts Yeomanry, were billeted in the Grammar School, and they put on singsongs and concerts at the Memorial Hall, which usually involved backing from local musicians. Songs of humour and sentiment were sung to a packed hall.

The Stour Valley War Hospital Depot went from strength to strength, and by August 1917 they could report sending over ninety thousand articles in the previous twelve months to help wounded soldiers. "We are grateful indeed for your abundant help", responded the Red Cross, and Essex Regiments.

Finally, a hundred years ago the 'war to end all wars' came to its close. Dedham had lost 33 of its young men. That summer scarlet poppies in the cornfields would have been a poignant reminder, as they were in Flanders fields. It was decided a permanent memorial to them should be erected in Royal Square. A committee was formed to organise it and raise the money required. A prestigious designer, W D Caroe, was approached — his design a way-side market cross made of limestone, with surrounding steps which could be used as seating. Wording to express the village's feelings was chosen from a seventeenth century sea captain's farewell to those of his crew who had not survived a terrible winter stuck in the ice, after an attempt to discover the North-West passage.

'We that survive, perchance may end our days In some employment meriting no praise They have outlived this fear and their brave ends Will ever be honour to their friends.'

The cost of the proposed memorial was estimated to be £475. The average weekly wage then was only just over a pound. But by December 1919 J. P. Clover, chairman of the parish council, was able to announce that subscriptions or promises amounting to £430 had already been collected, and he didn't anticipate any difficulty in raising the rest.

This would have been an extremely busy time for stonemasons, with villages and towns across the country wanting to honour their war dead. But finally, in August 1921, the Memorial Cross was ready for its unveiling. No outside dignitary was invited, the preference being for the ceremony to be carried out by Dedham men and women. Major -General Ross-Johnson addressed the assembled villagers, after a church service and procession. "Let us see", he said, "that our children are brought up in the right way to love and honour justice and truth. It is the character of a people which makes a nation."

Alex Scott





Will be performing an exciting new work to the area 'The Manchester Carols, written and first performed in 2007.

The words were composed by Carol Ann Duffy, appointed Poet Laureate in 2009 and music by Sascha Johnson Manning, 8 years composer in residence in Missouri U.S.A.

There are 12 Carols with linking spoken texts between each, these carols are for everybody for the believer and non believer, for people of various faiths and simply for the curious.

In addition the concert includes a selection of audience participation traditional carols.

All this will be happening on

Saturday December 1st at 2.30pm In Mistley Parish Church

Soloists: Jemima Whatling (Sop) & Gary Griffiths (Baritone)

Conductor: Duncan Archard

(this will be Duncans last concert as conductor)

Accompanist: Stephen Smith

Tickets £10 from S.C.S members 01206 392820 or Howells Hardware Shop, High Street, Manningtree

Christmas Starts Here!

For so many local residents each year, it is Clacton Chloral's Christmas Concert that launches their festive season. This year's theme is 'Joyful English Music with Harp & Organ'; the centrepiece being Britten's 'A Ceremony of Carols (with Harpist Lynne Creasey) which is flanked by Elgar's 'Te Deum' and 'Benedictus' and followed by two of Gustav Holst's compositions - 'Four Old English Carols' and his lovely medley 'Christmas Day'. There are some lively and popular unaccompanied Spirituals from the Choir, then favourite Christmas Carols for everyone to sing.

Lynne will also be performing some beautiful solo pieces on the harp. The acoustics of St James' Church are wonderful; the new upholstered seating is very comfortable, and the tickets are only £10

each, which includes a full programme. Phone 01255 221 511, Email debbietccs@gmail.com

> or on the door in Tower Road, Clacton COI5 IDA, from 5.45pm

> > The Concert starts at 6.30pm On Sunday 9th December

Housekeeper & Groundsman required for a substantial house situated in 6 acres

Start Date: January 2019, possibly sooner, Compensation: Negotiable

We are a young family with two children looking for help to run and maintain our property near Dedham. The couple who have successfully assisted us for the last 3 years is looking to retire soon and we are searching for locally based people to transition the role to. The role would require approx. 4 days of attending the property during the week but this would need to be flexible around our/your lifestyle and needs. The general needs are:

Housekeeping: Cleaning, laundry/ironing, dusting, ad-hoc help (for example with dinner

Housekeeping: Cleaning, laundry/ironing, dusting, ad-hoc help (for example with dinner parties), maintenance, collection of post, taking of deliveries, cleaning windows (inside), groceries

Grounds: Gardening, mowing, weeding, pruning, leaf clearance, gutter clearance, pressure washing, general maintenance, ad-hoc tasks, management of any tradesmen, cleaning windows (outside), gutter clearing/washing, occasional painting/varnishing/oiling. **Miscellaneous:** Various ad hoc jobs such as keeping track of car servicing/MOTs.

In general, we really need people who can stay on top of the property, maintain it in immaculate condition and identify problems before they arise.

The ideal candidates would likely be a physically active couple who live locally within a 10 minute drive of the property. We have a spare bedroom with ensuite bathroom available for times when it is practical and necessary to stay over. The role can be tailored to suit the needs and lifestyle of the couple.

Please contact Ben 07788 582660 armouredmind@gmail.com



