

new service  
Sunday  
6 August



RiSe N SHiNe

details page 3

all-together  
worship

DEDHAM

Parish  
Magazine

August -  
September  
2017

*New website*

[WWW.DEDHAM-AND-ARDLEIGH-PARISHES.ORG.UK](http://WWW.DEDHAM-AND-ARDLEIGH-PARISHES.ORG.UK)

### VIEWPOINT

#### Children welcome!



In the same week that this double issue of our Parish Magazine drops through your letterbox you may have noticed that the church is closed to visitors. What's going on you might ask? More renovations perhaps? No, not this time. In the

**first week of August** we are hosting a **Holiday Club** for children of primary school age in our parishes (see page 3).

There were many things that made Jesus different from the prophets and teachers of his day. One of these was his attitude towards children. Jesus lived in a society which often saw children just as a commodity to help bring money into the family. But many people knew he was special and wanted their children to be blessed by Him. St Luke records it this way: *"Now they were bringing even infants to him that he might touch them. And when the disciples saw it, they rebuked them. But Jesus called them to him, saying, 'Let the children come to me, and do not hinder them, for to such belongs the kingdom of God'"* (Luke chapter 18 verse 15).

We believe that children of all ages are welcome in our churches, and so we are opening up to them this week for a fun packed and engaging few days together. We hope that all the children who come will be blessed by God.

And it is interesting that Jesus went on to challenge all the adults in his very next words: *"Truly, I say to you, whoever does not receive the kingdom of God like a child shall not enter it"*. I have often wondered what he meant by that and I have come to the conclusion that to receive all the blessings that God wants to give us we need to be open to and trusting of Him like a child is with their parents.

On page 3 you will see details of a new monthly all-together service called **Rise n Shine**. It is going to be short (45 minutes) with hymns and songs, old and new, bible stories and refreshments. The first service takes place on **Sunday 6 August**, and thereafter it will be every second Sunday at 9.30am. Come and try it out!

Due to the generosity of the Trustees of the Dedham Lectureship Trust the PCC is going to be advertising for a part time **Children and Families worker** (for details see page 5). If you are interested in the post or know someone who might be please do get in touch.

Finally, can I say a huge thank you to Max and Liubov who have done a fantastic job as editors of our magazine in their first few months. Together they give hours of their time voluntarily each month to create a parish magazine which is the envy of many communities. Well done and thank you from all your readers!

Antony Wilson  
Priest in Charge



# DEDHAM PARISH CHURCH

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## MINISTERS

Antony Wilson	<i>Priest in Charge</i>	*☎ 323 919
Merv McKinney	<i>Assistant Minister</i>	323 919
Carol Mitson	<i>Assistant Minister</i>	323 919

## CHURCH OFFICERS

Suzanne Woods	<i>Churchwarden</i>	(01255) 870 640
Richard Hopkins	<i>Churchwarden</i>	322 361
Be Burleigh	<i>Assistant Churchwarden</i>	323 205
Gabbie Watson	<i>Verger</i>	322 425

## MUSIC

Antony Watson	<i>Director of Music</i>	322 425
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## FLOWER ARRANGERS

Helen Sims	<i>Co-ordinator</i>	321 286
Wendy Sarton	<i>Weddings</i>	323 027

## PARISH OFFICE

Claire Arculus	<i>Parish Secretary</i>	322 136
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Assembly Rooms	✉ stmaryda@gmail.com
High Street	🕒 Tuesday 9-11am
Dedham CO7 6HJ	Thursday 11-1pm

## Support for you from Dedham Church

Sometimes things in life can just get too much to cope with on our own...

**Psalm 34:18:** *The Lord is close to the broken-hearted and saves those who are crushed in spirit.*

If you would like some support or know of anyone who would, please contact Ann Shaw ☎322 192

If you have been bereaved or know of anyone who has, please contact Vee Druit ☎322 000 or Ruth Higginson ☎322 598

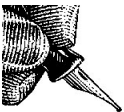
Our website: **www.dedham-and-ardleigh-parishes.org.uk**

If you have an urgent query please contact Reverend Antony Wilson ☎323 919

\* Throughout the magazine local telephone numbers omit ☎(01206) area code, unless otherwise stated.

## FROM THE REGISTERS

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### BAPTISM

**Sunday 9 July 2017**

Austin Henry Cross

### WEDDING

**Saturday 22 July 2017**

Grace Polston and Samuel Lewis

## LETTERS TO THE EDITORS

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I am hoping to trace Dedham's oldest community we will be able to living resident. Someone who was celebrate their life. born and raised in the village. With a If anyone can help please leave a little help and support from the message on ☎322 864. Sue Starling

## SPECIAL SERVICES AND EVENTS

NEW service from  
Sunday  
6 August



# RiSe N SHiNe

all-together worship  
2nd Sunday each month

9.30-10.15am

*hymns- songs- bible stories-refreshments*

**WWW.DEDHAM-AND-ARDLEIGH-PARISHES.ORG.UK**

### BANK HOLIDAY MONDAY AT ST MARY'S

**9 - 11am**  
Outside the Church  
Bacon Butties

**28 AUGUST**

**9am - 4.30pm**  
In the Church  
Organ recitals for an  
hour (am, pm)

**ALL DAY** In the Church

Teas, coffees, rolls, scones and cakes

Royal Square Stalls with bric-a-brac, books, produce, knitted goods

### Pirates Ahoy Holiday Club

**Monday 31 July to Friday 4 August**  
10am - 12.30pm at Dedham Church

For children in Dedham  
and Ardleigh Parishes  
who are currently at  
Primary School (Years R to 6)



We'll be playing games,  
making crafts and listening to  
stories from the bible

For more details and booking forms contact  
Parish Office ✉ [stmaryda@gmail.com](mailto:stmaryda@gmail.com)

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[Church Life](#)

[Resources](#)

[Heritage](#)

[Links](#)

[Contact Us](#)

**PLEASE VISIT  
our new  
website**

**[www.dedham-and-ardleigh-parishes.org.uk](http://www.dedham-and-ardleigh-parishes.org.uk)**



# REGULAR SERVICES AND EVENTS

## DEDHAM AND ARDLEIGH PARISHES

### Sunday 6 August

8am	Holy Communion	BCP	Dedham
9.30am	<b>NEW!</b> Rise n Shine (see page 3)		Dedham
11am	Morning Worship	CW	Ardleigh
	(with Thanksgiving)		
5pm	Evensong	BCP	Dedham

### Sunday 13 August

8am	Holy Communion	BCP	Ardleigh
11am	Holy Communion	CW	Dedham

### Sunday 20 August

8am	Holy Communion	BCP	Dedham
11am	Parish Eucharist	CW	Ardleigh

### Sunday 27 August

8am	Holy Communion	BCP	Ardleigh
11am	Matins	BCP	Dedham

### Sunday 3 September

8am	Holy Communion	BCP	Dedham
11am	Morning Worship	CW	Ardleigh
	(with Baptisms)		
5pm	Evensong	BCP	Dedham

### Sunday 10 September

8am	Holy Communion	BCP	Ardleigh
9.30am	<b>NEW!</b> Rise n Shine		Dedham
11am	Holy Communion	CW	Dedham

### Sunday 17 September

8am	Holy Communion	BCP	Dedham
11am	Parish Eucharist	CW	Ardleigh

### Sunday 24 September

8am	Holy Communion	BCP	Ardleigh
11am	Matins	BCP	Dedham
5pm	Revive@5		Dedham

BCP – Book of Common Prayer  
CW – Common Worship

## WEEKLY EVENTS

**Tuesdays** Morning Prayer  
10.30am Dedham

### Fourth Tuesday

10 - 12noon Friendship  
Group Ardleigh

**Thursdays** Evening Prayer  
5pm Ardleigh

**Fridays** Junior & Adult  
(Term time) Choir Practice  
6.30/7pm Dedham

**Fridays** Bible Study  
(Term time) Littlebury House  
9.15am CO7 6ES

## TOWER FLAG DAY



### Tuesday 15 August

St. Mary the Virgin

SAVE THE DATE!

### Saturday 14 October HARVEST SUPPER

More details to follow

If you would like a lift to church please contact  
Ann Shaw ☎322 192 or  
Ruth Higginson ☎322 598

# DEDHAM NEWS

## VACANCY CHILDREN AND FAMILIES WORKER

*Part time – Dedham Parish, Essex*

We are looking for a special person to help us reach out to the children and families in our parish. There is already a welcoming primary school and other good support but little is in place yet so it is a great opportunity for someone to start from scratch.

**Salary:** £8,500 for 14 hours a week  
plus the possibility of subsidised accommodation in the village.

For more information or an informal conversation please contact  
Rev Antony Wilson ✉ antonywilson39@gmail.com or ☎ 323 919

BOOK A TOUR OF THE DEDHAM CHURCH AND THE 16<sup>th</sup> CENTURY TOWER  
WITH OUR  
EXPERIENCED  
GUIDES



**BANK HOLIDAY**  
*No pre-booking required*  
**'COME ON THE DAY'**

From £3 per person  
Family ticket from £10  
(up to 5 people)

☎ 322 136  
✉ stmaryda@gmail.com



**[www.dedham-and-ardleigh-parishes.org.uk](http://www.dedham-and-ardleigh-parishes.org.uk)**

T&C: 2 - 10 people per tour. For the tower only: unfortunately we cannot accept any children under the age of 8. Children aged 8-16 must be accompanied by an adult.

### Fewer Christians are doing more

**N**ick Spencer, director of research at Theos, a Christian think tank, will deliver the annual lecture with the title: *Doing Good? A future for Christianity in Britain*.



He was the author of a 70-page report with a similar title, published by Theos at the end of last year.

The foreword, by Justin Welby, Archbishop of Canterbury and Vincent Nichols, Archbishop of Westminster, praised the “rigorous and thoughtful work” of Theos and said: “Nick Spencer charts a view of the future for Christianity in the UK, drawing on [a] wealth of data and evidence. ...That view is one in which service is central, but it is service-as-witness, service that is firmly rooted in, shaped by and unashamed of its faith in Jesus Christ.”

His first chapter gives a detailed account of what he says are the unprecedented challenges facing Christianity, including the decline in UK church attendance and survey evidence of widespread ignorance. For example, only 12 per cent of adults had a good knowledge of the Christmas story, half of five to eleven year-olds thought Christmas was the birthday of Santa Claus and a fifth thought Jesus was a footballer.

However, he explains that the picture is not as bleak as some of the headline statistics might suggest. In his third chapter he says: “There may be fewer Christians but they are doing more” in charitable work and social action. But doing good, he argues, should be part of a “social liturgy”. He discusses some of the perceived dangers as well as the importance of this approach - themes that he will be developing in his Dedham lecture.

	<b>DEDHAM LECTURE 2017</b>	
by Nick Spencer:		
<b>Doing Good? A FUTURE FOR CHRISTIANITY IN BRITAIN</b>		
	<b>21 September 8 pm Dedham Church</b>	

*Read more about the Dedham Lectureship Trust in Dedham Parish Magazine for July 2017.*

*Mr Spencer writes on religion, politics and society for Theos and directs its major research projects. He has written books, chapters, reports, and articles, including most recently “The Mighty and the Almighty: how political leaders do God” and “The Evolution of the West: How Christianity has shaped our Values”. He has written for the Daily Telegraph and the Guardian newspapers and for other publications including The Church Times and The Tablet. He is also a frequent contributor to radio programmes.*

*Max Wilkinson*

The full Theos report can be viewed online at: **[www.theosthinktank.co.uk](http://www.theosthinktank.co.uk)**

# THE FIDUCIA DEDHAM RUN

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## Raising Funds for Dedham Primary School

On the morning of **Sunday 17 September**, the Dedham playing fields will be transformed into a mini festival, buzzing with runners of all ages and experience taking on the annual **3km fun run and 10km race**.



This is a great community event, going back nearly 30 years, which is proving increasingly popular with runners and spectators alike - understandably so when you consider there are few runs set in such stunning scenery.

This year there will be all the usual offerings including BBQ, cake and refreshment stand, and look out for a few new additions to add to the fun and excitement.

For the runners, medals and a gift bag will be awarded to all finishers, and cash prizes will be on offer for the top individuals and the fastest team. There will also be a trophy for the best fancy dress outfit for the fun run, so get those thinking caps on...

All proceeds go to Dedham Primary School.

Register for the event online:  
**[www.dedhamrun.co.uk](http://www.dedhamrun.co.uk)**

*Reuben Greet-Smith*

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## THE DEDHAM EDUCATIONAL FOUNDATION

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The Governors of the Dedham Educational Foundation invite applications for residents in the Parishes of Ardleigh, Bradfield, Dedham, Great Bromley and Stratford St. Mary for **financial grants**:

✓ **Secondary Schools,  
Six Form Colleges**

*Applicants must be at least 12 years old on the 1 August 2017*

✓ **Universities, Colleges of  
Further Education**

*Applicants must have lived in one or more of the five Parishes for at least two years.*

For an application form or details contact the Clerk *Mrs Jean Flewin* ☎ **322 215**. Coppins, Crown Street, Dedham, Colchester, CO7 6AT.

Closing date for applications:  
**Tuesday 31 October, 2017**



*Jean Flewin  
The Clerk*

*Look for an article about the Dedham Educational Foundation next month.*



# THE FRIENDS OF DEDHAM CHURCH

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## Tour of Holkham Hall



The Friends of Dedham Church are organising a trip to Holkham Hall in Norfolk on **Thursday 14 September**.

This Palladian masterpiece is a joy to discover, full of treasures in every room, from incredible architecture and stunning art to original furniture and classical statuary. The six acres of walled garden are to be enjoyed in their beautiful, peaceful and tranquil setting and the new exhibition, Field to Fork is the story of food and farming at Holkham.

The cost is £32 per person to members and £37 to non-members.

Contact *Beth Mitchell* ☎**323 949** or *Maria Johnston* ☎**322 913**.

✉[info@friendsofdedhamchurch.org.uk](mailto:info@friendsofdedhamchurch.org.uk) [www.friendsofdedhamchurch.org.uk](http://www.friendsofdedhamchurch.org.uk)

## REVIEW

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### Music for a Summer's Evening

A glorious evening was enjoyed by many families on Saturday 15 July as the vicar Antony Wilson opened the vicarage garden to host an outdoor musical event. The weather stayed warm and dry and local residents from Dedham and neighbouring villages brought their picnic rugs, supper and the odd glass of bubbly to relax while listening to a programme of talented acts. The opening band A&E, led by Barry Davison, provided eclectic blues

- a great start to the evening. This was followed by Dedham church's talented duo Gabbie and Antony Watson. With Gabbie playing the cello and Antony the electric keyboard, their repertoire included music by Bach and Mendelssohn.

Tom Stapleton then led the Dedham Songbirds, who performed a mix of contemporary and classic songs with some solo pieces and a very well performed duet from Phantom of the Opera.

The finale was performed by A&E to close a wonderful evening. Nearly £1000 was raised by this event and this will be split equally between Dedham and Ardleigh churches and Dedham Youth Club.

*Claire Arculus*

Dedham and Ardleigh Parish Secretary



## DEDHAM POETRY

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This poem was written and read out at the Music for the Summer's Evening  
on 15 July 2017 by Barry Davison who leads the A&E Blues band.

### DEDHAM CHURCH



*I stand here bearing witness over everything I see  
I remember the past times with a vivid clarity  
The merchants that paid my bills  
The stone masons, the sick and the ill  
Those whose faith was rocked and torn  
Babies who, when they were born  
Joined the lottery of life  
Some would die some would live  
The only thing their parents could give  
Was their faith and belief in me.*



*So I stand here like a beacon, like a shrine  
My clock face smiling, showing those the time  
Whose busy lives are regulated and ruled by the second hand  
My bells are my voice, calling all to my bosom  
Marriage, death and the quarter hour tolls  
All differing sounds, playing different rolls*



*I'm here for you all, I don't sit in judgement  
I'm here as your refuge when all else fails  
In quiet contemplation sit upon my pews  
Look at the windows where my light shines through  
It is MY warmth that shines upon you, all.*



*Barry J Davison  
June 2017 Copyright*

# DEDHAM PARISH COUNCIL

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## LOCAL PLAN

Colchester Borough Council is now in the later stages of developing its new Local Plan, which is the strategic document setting out the policies and vision for planning for the next fifteen years. The plan is in two parts, the first of which sets out the strategies for the three North Essex authorities (Colchester, Braintree and Tendring). The second part relates to the Borough of Colchester.

The plan sets out a spatial hierarchy for all settlements in the borough. Dedham is regarded as a 'sustainable settlement' but has been separated from Dedham Heath which is designated as one of the 'other villages'. Despite Dedham village's status as a sustainable settlement, the document notes that it is heavily constrained by its location within the AONB and that, furthermore, a lack of suitable and available development land means that no growth has been proposed for Dedham village during the plan period.

A number of sites around Dedham Heath were proposed as development sites earlier in the process. The Parish Council was asked to consider the merits of these sites and did so using a clearly specified set of criteria. One of the sites, in Long Road East (not Long Road West as stated in the July edition of the parish magazine) met the criteria and therefore its inclusion as a potential small development site was not opposed by the Parish Council. However, this site was not included by CBC in this final version (subject to consultation) of the local plan.

Another item of note is that proposals for additional car parking in Dedham will be supported where they comply with all other policies in the Local Plan.

The full document is available on the Colchester Borough Council website and is well worth a look. The consultation closes on **Friday 11 August**.

## FOOTPATHS

We have previously reported in this magazine the unsatisfactory position relating to footpath maintenance, the responsibility for which lies with Essex County Council.

In order to supplement the limited maintenance undertaken by contractors working for ECC, the County Council supports a volunteer scheme in a number of parishes. A local resident, Mrs Val Blaker, has come forward and indicated that she might be willing to co-ordinate such a scheme in Dedham. ECC provide training and equipment to volunteers so that they can 'trim' local footpaths. In order to gauge support for this idea, it would be helpful if anyone who might be able to become a footpath volunteer could contact Mrs Blaker on **☎322 471** (afternoons only).

## PARISH COUNCIL OFFICE

Unlike many parishes, Dedham does not have a Parish Council office. We are in the process of trying to set one up in a village centre location to make it easier for residents to contact the Parish Council about local matters. The plans are at an early stage at present – but watch this space!

## NEXT PARISH COUNCIL MEETING

will be on **Monday 4 September** at 7.30pm in the Duchy Barn. No meeting is scheduled for August.

*Nicola Baker*

**☎01255 871483**

✉ [clerk@dedhamparishcouncil.org.uk](mailto:clerk@dedhamparishcouncil.org.uk)

# MEDICAL MATTERS

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## Patient Confidentiality

**T**he Constable Country Medical Practice takes patient confidentiality very seriously but our staff are often faced with situations where they are asked to compromise this confidentiality. I thought it would be useful remind patients of a few guidelines.

Unless it is clearly in the patient's best interest to do otherwise, we can only discuss patient information with someone other than the patient themselves if we have written consent from the patient. Even the fact that a patient has an appointment at the practice is confidential, as they may not wish family or friends to know. We therefore cannot confirm that a patient has an appointment, discuss their medication or any other aspect of their care without their permission. It is acceptable for a patient to give verbal consent on the phone and then pass the phone to a friend or relative to discuss their problem. It is also acceptable for someone to book an appointment for a patient, or cancel it, as this does not require us to divulge any information.

Two specific problem situations are often encountered. First, elderly or disabled patients may have difficulty in communicating or lack mobility and need someone to act on their behalf. A letter of consent enabling practice staff to discuss issues on their behalf really helps. The letter could

specify, for example, that just appointments and medication should be discussed, rather than specific details about conditions.

The other situation is parents discussing their children's records. This is not a straightforward area. When parents are separated or divorced they may still have parental responsibility and so be entitled to fully discuss their child's health. For children under 16, parents do not have an automatic right to access their child's record and discuss their medical issues. Here, "Gillick competency" applies.

Lord Scarman, in his judgment of the Gillick case in the House of Lords (Gillick v West Norfolk, 1985) commented generally on parents' versus children's rights as follows: "parental right yields to the child's right to make his own decisions when he reaches a sufficient understanding and intelligence to be capable of making up his own mind on the matter requiring decision".

This means that we may decline to share children's medical information with their parents if it is judged by a practice healthcare professional that it is not in their best interest to do so.

Practice Manager *Pete Keeble*  
**[www.constablecountry  
medicalpractice.co.uk](http://www.constablecountrymedicalpractice.co.uk)**

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### ARDLEIGH SURGERY

Ardleigh ☎ **230 224**

Dedham ☎ **322 290**

**[www.ardleighsurgery.nhs.uk](http://www.ardleighsurgery.nhs.uk)**





## REPORT

### A new parish council: five years on

**F**ive years after a keenly contested election for Dedham Parish Council, the councillors have achieved a remarkable financial turn-round. It started with minimal reserves and now has a large and growing surplus. By the end of this financial year, reserves are expected to reach £100,000, some 40 times the figure when they took over.

The most important reason for this is new income from the Mill Lane car park. It brought in more than £34,000 last year, 15 per cent above the budget estimate and only about £8,000 short of this year's total spending commitments of £42,000. This large bonus resulted from Colchester Council's decision to charge for the car park, and the parish council's success in securing half the profits.



Dedham Mill car park

Despite the new stream of income, Dedham council increased this year's levy on ratepayers by 60 per cent. That rise will bring in an extra £15,000 - half the budgeted car park income - even though the parish charge is only a small proportion of total rates bills.

Parish finances were also helped a few years ago by the decision to stop

contributing to the cost of a part time "village bobby" (police community services officer) When the police authority stopped paying half the cost, the parish council could not afford the full amount and thought it would be poor value anyway.

More recently, a saving was made by ending a partnership with Essex County Council for maintaining the parish's footpaths. This year's budget envisaged that a fourfold rise in the parish's contribution might be needed, to £4,500. When talks with the county failed and Dedham's share of costs had risen even higher, the parish council withdrew altogether, leaving the responsibility with the county. That saving has, however, been partly offset by the parish council's offer to contribute £3,000 to the Youth Club.

Improving the finances was one of the main priorities of the councillors who came to power. This new group, led by Sheila Beeton, now the chair, took over on a platform of better finances, greater transparency and a commitment to carry forward the council's parish plan, published the previous year. This included 73 "action points", based on villagers' suggestions. That plan put a high priority on keeping a police presence and free access to the car park, objectives now overtaken by events.

Why did the councillors raise the charge to ratepayers so steeply when they are flush with cash?

In the 2017-18 budget, all the car park income is allocated to the reserves. It is not, therefore, counted as "income" in the calculations sent to Colchester Council to set the charge to ratepayers.

*Continued on page 13*

## REPORT

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If car park proceeds had been included, the rates would have been reduced but the parish would not have been able to build up reserves. As it is, total annual income will be 70 per cent higher than planned spending according to the budget estimate. Taking account of changes since then, total income this year might be about double the council's outgoings.

That raises the question: what are they saving up for?

In her annual review in May, Ms Beeton said she was looking into the possibilities for buying land for another car park.

The budget "ring-fences" £40,000 for investigations into parking and, more controversially, into street lighting. In 2011, village opinion was divided evenly on the lighting question and the controversy continues. While there seems to be a general consensus that parking needs to be improved, the parish plan was lukewarm about the idea of a new car park in the west of the village, although it was keen to improve parking arrangements near the school.



Crown Street during Bank Holiday

There are other possibilities for using the money. At a meeting for Dedham businesses last year, for example, some wanted to increase security in the village. Other residents may favour different priorities such as improved cutting of footpaths. This was popular in the parish plan and the council will re-consider this at the end of the year.

Ms Beeton says she would like to consult village opinion, perhaps using the council's excellent new website. Meanwhile, anyone with good ideas on how to spend £100,000, could doubtless use snail mail - or write to the parish magazine.

*Max Wilkinson*

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## PARISH MAGAZINE DISTRIBUTION

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Parish Office would like to express thanks to all of our volunteers who give their time to distribute the Parish Magazine to each residence in the village. There are some occasions when our volunteers maybe on holiday or away from the village at the time of distribution. On these occasions, we propose a 'reserve' distributor to be contacted in advance to take over the round.



If you are interested in becoming a 'reserve' magazine distributor, please contact the Parish Office on ☎322 136. We also require distributors for certain rounds so if you wish to do this regularly, we would love to hear from you also.

*Parish Office*

# EXPLORING THE DEDHAM VALE

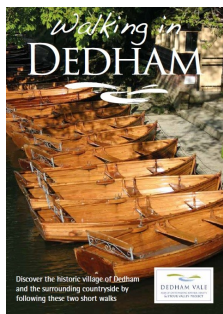
## New Walking Guides

One of the best ways of appreciating a painting is to visit the landscape that inspired the artist, and the Dedham Vale is one such 'outstanding' place.

The area inspired John Constable (1776–1837), 200 years ago, to create some of this country's most iconic landscape paintings, and art is still at the heart of the Dedham Vale Area of Outstanding Natural Beauty and Stour Valley Project area. The cultural heritage of the area makes it nationally important and we can still recognise today not just the landscapes of Constable but of Thomas Gainsborough (1729-1788), John Nash (1893-1977) and Sir Alfred Munnings (1878-1959) too.

To take a stroll, or a longer walk, on the same lanes as Constable is an excellent way to immerse yourself in the cultural landscape and improve your sense of place and well-being at the same time.

Dedham Vale AONB has developed free walking guides, so take your pick of **Walking In Constable Country** or **Walking in Dedham** (other titles to follow) and find those views.



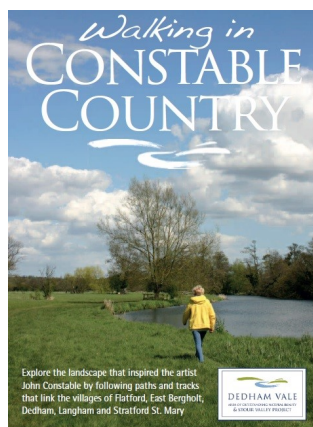
The popular '**Visitor's Guide To Constable Country in the Dedham Vale**' has also been relaunched.

These leaflets and many others are available to download free online [www.dedhamvalestourvalley.org/publications](http://www.dedhamvalestourvalley.org/publications) and are available at many local outlets.

You can join regular guided walks by The National Trust at Flatford or walks led by artists with The River Runs Through Us [www.twitter.com/theriverrunstu](http://www.twitter.com/theriverrunstu)

You could even be inspired to take a photo, sketch the river-scape, or create a poem - in celebration of this outstanding landscape.

Catherine Smith  
Communications, Funding &  
Development Officer Dedham Vale  
AONB and Stour Valley Project



## REVIEW: BEER FESTIVAL

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The Sun Inn Dedham's first beer festival took place in the pub's gardens on a sweltering Saturday 17 June – a day after the Sun's wine tasting dinner.

The two events were as different as wine is from beer. The wine tasting dinner was formal and educational starting at 6.30pm promptly with 21 different wine tastings – plus one of Little Bird Peckham gin.

The evening's host was the Telegraph Saturday Magazine's wine man, Hamish Anderson.

Saturday's beer festival the next day was an altogether different event. Starting at 12 noon and extending to 7pm it was a day-long, casual affair with free entry and people coming and going as they pleased.

There were 15 local and very traditional real ales to choose from with idiosyncratic names and in strengths ranging from Earl Soham's Dreadnought at 6.5% to Little Earth's Simcoe & Oat at 3.9%.

There was also a special brew lager on tap from Calvors – and a hog roast available in the garden.

Piers Baker, proprietor of the Sun, who had been hoping for fine weather said that in fact it was too hot for perfect beer conditions and they had felt it was not suitable for heavier, stronger beers, but that the event had been a success and might be the forerunner of an annual beer festival.

Interestingly, he said that the events attracted quite different people: "Only about two attended both events."

It was such a pleasure to see the garden and local people enjoying local beer and bright sunshine.

Alex, in charge of the beer tent, had camped out all night next to the wide selection of beers to make sure they were ready for everyone on Saturday and Fathers' Day. And he was on hand to give advice and information.

Hannah was in charge of the bar and clearly sharing her enthusiasm for the beer celebrations.

Piers said it was planned as a highlight in the calendar for the village to enjoy.

And what a success it was!

*Philippa Dow*





## MISSION CAKE SALE

The next cake stalls will be held in the porch of Dedham Parish Church on **Bank Holiday Monday 28 August** and **Saturday 23 September** from 10am to noon. We are always looking for volunteers to bake or to help on the stall. If you would like to help contact *Ruth Higginson* on ☎**322 598**.

## RELAY FOR LIFE

Relay For Life is a year-round team fundraising challenge bringing communities together to beat cancer. There are over 50 events happening across the UK this summer, and thousands more around the world. Relay For Life in Colchester will be during the **weekend 9 - 10 September**.

Get together a team of friends and family to fundraise together, meet other people going the extra mile to fund life-saving cancer research.

Anyone who has ever heard the words "you have cancer" is invited to join as VIP guest and to take part in the Survivors' Lap of Honour. We encourage Survivors to invite a caregiver (someone who has looked after you, held your hand or been a friend during your illness) to join the celebrations.

Every day 970 people are diagnosed with cancer in the UK. Join us now and help beat cancer sooner. Sign up free [www.cruk.org/relay](http://www.cruk.org/relay) or email ✉[kater.relayforlife@gmail.com](mailto:kater.relayforlife@gmail.com) for more information.

## COGGESHALL FESTIVAL

30th Flower Festival in Coggeshall over the **August Bank Holiday weekend 26 to 29 August** 10am - 5pm (Sunday from 11.45am). The beautiful, historic parish church of St Peter ad Vincula will be filled with the exuberant colours and glorious scents of thousands of flowers. Refreshments daily and local produce.



**Saturday 26 August** 7.30 pm  
Concert Martin Dobson's "Midnight Oil" chilled out jazz. Tickets £12, concessions £10, under 16s £2.

**Sunday 27 August** 10.30am Sunday Eucharist. 5.15pm Songs of Praise

[coggeshallflowerfestival.org.uk](http://coggeshallflowerfestival.org.uk)

## CARING FOR THE CARER

North Essex Mind and Spirit, a community organization that supports people by raising awareness of spiritual care in mental health recovery, invites everyone to the presentation by the Rev Wendy Pagden on **Thursday 14 September** from 12noon to 2pm at Castle Methodist Church, Maidenburgh Street, Colchester, CO1 1TT.

A light lunch is provided, please reserve your place by contacting the Rev Mark Thompson ☎**742 014** or Pat Green ✉[patthenurse@hotmail.com](mailto:patthenurse@hotmail.com)

## DEDHAM TODDLER GROUP

It is 10 o'clock on an already sweltering morning as mothers and small children begin to go into the cool, north-facing Dedham sports pavilion.

The children are immediately purposeful and at home. There are vehicles, dolls, trikes, books, trains building blocks, dressing-up clothes and - later in the morning - shakers, tambourines and drums. The girls make for pink fairy costumes, complete with wings, and are soon flitting about. The boys, predictably, choose anything on wheels and soon the Dedham Toddler group is under way.



Maisie, Oscar, Joshua, Ryan, Joseph and Maya are joined by later arrivals and by 10.30am around a dozen small children are busy and engrossed. A painting group, supervised by a resourceful grandmother, is established. Mothers (and of course fathers and grandparents), earning a welcome respite from relentless child care,

are exchanging news and comparing notes over cups of tea and coffee.

The group is quite simply in the words of one mother "the highlight of the week" for her and for her child. The group meets **every Tuesday** in term time between 10am and noon and costs £2.50 a session. Another mother adds that "the group is almost more important for mothers than it is for children."

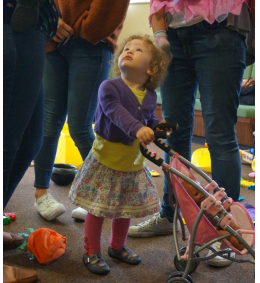
Zannah, a mother pregnant with twins, was new to the village and pregnant when she arrived: "I didn't know anyone and this group is how I made all my friends and they've stayed my friends. My son is going to miss it when he leaves to go to school."

"The children learn about playing really nicely and socialising and for us mothers it is a strong community of mums."

Now it's snack time: "Is anyone hungry?" "Yeah!" the cry goes up as an appetising selection of wholesome fruit, salads and biscuits appears.

Contentment reigns.

Anthea Hall



**Amanda Rivers**, the organiser,

says: "It's a great opportunity for children to make local friends who will probably be future schoolmates.

For mothers with babies and little ones it can be a lonely time –  
– it's just great for them to have a regular group to go to."

### Healing art in Dedham

The Dedham watercolour group meets in the Duchy Barn every Monday morning. It was started by Avril Biggins over ten years ago as a short, six week course but at the end of it one the pupils asked "What are we going to do next week?" It is now over ten years on and is still flourishing.

It is easy to understand why. It is clearly a group where chatter and friendship matter but as Avril said: "The main thing is to paint and complete a picture." Avril is a trained teacher who specialised in teaching art.

Beginners are welcome. They are given a photo or a picture from a magazine and taught to draw using paint. But



anyone over eighty is allowed to use pencil. They have occasionally drawn in the garden of the Old Grammar School but chiefly they are given a subject to work on in the Duchy Barn.

The cost of a session, which runs from 10.30am to 12.30, is only £2. All of the money is ploughed straight into the Duchy Barn fund. Avril laughs and says: "All voluntary, dear, all voluntary".

As a group, they have had their sorrows with the death of some of their stalwarts, but as Avril says: "We are very close and see each other through our troubles. Art heals".

*Philippa Dow*



### DEDHAM ARTS GROUP 50<sup>th</sup> ANNIVERSARY EXHIBITION

*in aid of East Anglia's Children's Hospices*

**24 - 28 October 10am - 4 pm**

*Dedham Parish Church*

Plus paintings by pupils of  
Dedham Primary School

*Look for a special article in the next Parish Magazine*



## CLUBS & SOCIETIES

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### DEDHAM ARTS GROUP

**Wednesday 16 August** at 10am: *Kersey Mill House* – picturesque mill in beautiful and peaceful setting. Free parking. Toilets and refreshments available at nearby café. Picnics allowed. Visitors welcome.

**Tuesday 5 September** at 10am: *Littlegarth Studio, Dedham*. Open session: members' suggestions.

**Tuesday 19 September** *Stratford Institute, Stratford St Mary*, 10am. Gina Hams: “*The difference between Acrylics and Oils*”. How to use these two super mediums to get different results.

[www.dedhamartsgroup.com](http://www.dedhamartsgroup.com)

### DEDHAM WORKERS' EDUCATIONAL ASSOCIATION

Register by **Friday 1 September** for the next course of 10 lectures on the subject *The Tower of London – a history of England* by Roger Mannion. Lectures will start at 10 am on every **Wednesday** from **4 October** to 13 December (except for half term 25 October). Lectures last one and a half hours with coffee and biscuits at the start. The course fee is £54.

Enquires: Colin Biggins ☎**322 565** or  
✉[colinbiggins869@btinternet.com](mailto:colinbiggins869@btinternet.com).

### STOUR VALLEY MEN'S PROBUS CLUB

On **Wednesday 6 September** Tom Williams presents “*Everyone has a book in them*” and on **Wednesday 20 September** Philip Roberts talks on “*The Mary Rose*”.

New members are welcome: meetings are on the first and third **Wednesday** of each month at 10.30am at the St John Ambulance HQ, Manningtree CO11 1EB. Contact Dave Carman on ☎**01255 880 202**.

### STOUR VALLEY U3A

On **Wednesday 13 September** Sean Day will give an update on *The Harwich Mayflower Project*.

Meetings are on the second **Wednesday** of each month at the Constable Hall, Gandish Road, East Bergholt CO7 6PT at 2pm. Annual membership: £12.

Contact Graeme Forsyth ☎**399 049**.

[www.stourvalleyu3a.org.uk](http://www.stourvalleyu3a.org.uk)

### HORTICULTURAL SOCIETY AUTUMN SHOW 2017

On **Saturday 9 September** 2 - 4pm at the Assembly Rooms on Dedham's High Street. The presentation of Awards at 3.45pm. Free for members and children, £1 for non-members.

*Why not enter something yourself? It's free to enter and whether you grow flowers or fruit and veg, like to cook, take photos or arrange flowers – there's something for everyone, of any age! You don't need to be a member to take part.*

Colin Biggins, Homestead, Coopers Lane, Dedham CO7 6AX,

✉[colinbiggins869@btinternet.com](mailto:colinbiggins869@btinternet.com).



# WHAT TO DO IN DEDHAM

## DUCHY BARN COMMUNITY CENTRE

### Coffee Mornings

Tuesdays Thursdays and Fridays  
10.30am - 12noon  
*Just turn up!*

### The Watercolour Group *(see page 18)*

Mondays 10.30am - 12.30pm  
*Anyone is welcome to join the group.*  
*Contribution £2 in aid of Duchy Barns.*

### Bridge in Dedham

Wednesdays 2pm - 5pm  
Thursdays 7pm - 10pm  
*Duplicate Bridge. No partner needed.*  
Contact *Judith Anderson Fowle*  
☎**322 938**

### The Good Neighbours Club

First Friday of the month 2pm - 4pm  
*New members welcome!*  
Contact *Betty Callaghan* ☎**322 116**

### Youth Club

Fridays 7.30pm - 9.15pm  
*Open to young people from the village.*  
Contact *Mark Dempsey* ☎**07503 009 790**

### Military Veterans

The last Friday in the month 10.45am



**The Duchy Barn** is also available  
for private hire: £15 per session  
for local groups; £40 for parties.  
Contact *Anne Rowledge* ☎**322 394**

## ASSEMBLY ROOMS



### Little Squigglers

Thursdays 10.30am - 12noon  
[www.littlesquigglers.co.uk/ne-essex](http://www.littlesquigglers.co.uk/ne-essex)

### Antiques Fair

Sunday 6 August All day  
Sunday 3 September All day

### Horticultural Society Autumn Show

Saturday 9 September  
*More details on page 19*

### Dedham Films

Wednesday 16 August 7pm  
Wednesday 20 September 7pm  
*More details on page 22*

*For information and to make a booking  
for the Assembly Rooms please  
contact Tracy Woods ☎323 921  
✉[info@dedham-assemblyrooms.info](mailto:info@dedham-assemblyrooms.info)*



## SPORTS PAVILION

**Toddler Group** *(see page 17)*  
Tuesdays 10.30 - 12noon *(Term time)*  
£2.50 per session incl. snack and drink.

## WHAT'S ON: THEATRE, MUSIC

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### THEATRE

28 July to 26 Aug

**Peter Pan by J M Barrie,**  
The Mercury, Colchester, 7.30pm.

Friday 4 Aug

**Blink by Phil Porter** Phoebe  
Stringer, Headgate Theatre Colchester,  
7.30pm.

Wednesday 9 Aug

**Titus Andronicus by Shakespeare,**  
RSC - LL, 6.45pm at Lakeside Theatre  
and Odeon Colchester.

Wednesday 30 Aug to 2 Sep

**Bouncers by John Goer:** The Reject  
Theatre Company, Headgate, 8pm.

Thursday 31 Aug

**Yerma by Lorca,** National Theatre -  
LL, 7pm at Odeon Colchester and  
Firstsite and Lakeside.

Thursday 7 to 30 Sep

**The Ladykillers,** a stage adaptation  
of the film; 7 pm, New Wolsey  
Theatre Ipswich.

Friday 8 to 16 Sep

**The Weir by Conor McPherson,**  
a co-production with English Touring  
Theatre, The Mercury, 7.30pm.

Wednesday 27 Sep

**Angels In America – Part I:**  
**Millennium Approaches,** NT - LL,  
7pm at Lakeside, Colchester.



Sunday 1 Oct

**Stalin's Englishman:** The lives of  
Guy Burgess with Andrew Lownie. The  
Wolsey, 7pm.

### MUSIC

Sunday 3 Sep

Essex Chamber Orchestra, 7.30pm at  
Felsted School.

Tuesday 5 Sep

**Oliver & Ian Ray French music for  
Organ Cello & Piano,** 1pm at Moot  
Hall.

Sunday 10 Sep

**Beethoven: Symphony No. 9,**  
a gala Concert with the Pimlott  
Foundation, Lavenham Sinfonia, 7.30pm  
at Lavenham Church.

### Snape Proms

Throughout August: folk, roots,  
world, jazz, classical and family  
music, all at Snape Maltings

## WHAT'S ON: MUSIC, OPERA/MUSICALS

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### MUSIC continued

Saturday 16 Sep

**Across The Pond** popular melodies, Trianon, 7.30pm at Ipswich Corn Exchange.

Sunday 24 Sep

**Bach: Earthly & Divine**, Academy chamber choir and players and soloists, East Anglian Academy, 7.30pm at Framlingham Church.

### SUFFOLK VILLAGES FESTIVAL

Friday 25 Aug

**Monteverdi: 1610 Vespers**, 8pm at Stoke by Nayland Church.

Saturday 26 Aug

**Thomas Arne: Alfred**, 6.30pm at Hadleigh Church.

Sunday 27 Aug

**String quartets by Haydn, Mozart & Beethoven:** The Revolutionary Drawing Room 6.30pm at St Mary's Boxford.

### ROMAN RIVER FESTIVAL

**14 Sept to 1 Oct**

A varied programme in Colchester and surrounding villages ranging from chamber music to Bach's B minor mass and Mahler's ninth symphony. It includes the Kings Singers and a concert of strings in **Dedham Church** on **Friday 22 September**

### OPERA/MUSICAL

Thursday 3 Aug

**La Clemenza di Tito by Mozart**, Glyndebourne - LL, 6pm at Firstsite.

Wednesday 20 Sep

**The Magic Flute by Mozart**, ROH - LL, 7.15pm at Odeon Colchester.



**The Magic Flute by Mozart**  
**20 September**

*LL = live link by satellite*

Many more events in **FREE**  
monthly email **Guide**  
**SUBSCRIBE** online  
**[www.eamaa.org](http://www.eamaa.org)**

*Max Wilkinson*

## WHAT'S ON: FILMS



Wednesday  
16 August 2017

### A United Kingdom

(12A) Directed by Garth Davis 2017



The story of King Seretse Khama of Botswana and how his controversial marriage to a British white woman, Ruth Williams, puts his kingdom into political and diplomatic turmoil. Starring Rosamond Pike & David Oyelowo. Tickets £4

Wednesday 20 September 2017

### Their Finest

(12A) Directed by Lone Scherfig 2017



1940, London, the Blitz; with the country's morale at stake, Catrin (Gemma Arterton), an untried screenwriter, and a makeshift cast and crew, work under fire to make a film to lift the nation's flagging spirits; and inspire America to join the war. Partnered alongside fellow screenwriter, Buckley (Sam Claflin) and eccentric actor Ambrose Hilliard (Bill Nighy), the trio set off to make a film that will warm the hearts of the nation and capture the imagination of the American population. Tickets £4

#### ASSEMBLY ROOMS DEDHAM

Films admission **7pm** Films begin **7.30pm**

Tickets from **Shakespeare House Gallery** or **[www.dedhamfilms.co.uk](http://www.dedhamfilms.co.uk)**

*Refreshments available before the screenings and in the intervals.*

Contact ✉ [dedhamfilms@gmail.com](mailto:dedhamfilms@gmail.com)

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## ADVERTISING RATES 2017-18

Prices are for advertisements to be included in **TEN issues of the magazine** (Aug/Sept, Dec/Jan are combined) from July 2017 to June 2018, with the same artwork.

There are charges for changes to artwork/copy outside of the annual revision in July.

There is no VAT to be added.

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