# **CLUBS & SOCIETIES**

Martin Broom writes

### **DEDHAM FOOTPATH GROUP**

There will be a two-hour walk in Stour Woods on Sunday 1st November at 10.30am. Meet at the visitors car park on the B1352, one mile before Ramsey. Leader is Sue Everett 07712240449

**Graeme Forsyth writes** 

#### STOUR VALLEY MEN'S PROBUS **CLUB**

#### **Recent Meetings**

On Wednesday 7 October, Grant Elliott gave a talk "Monopoly - not just a game" and on 21 October, member, Paul Oliver presented "Quiz Time in Manningtree", with both events much enjoyed by Members.

#### **Future Meetings**

On Wednesday 4 November, Joy Bounds will speak on "The Ipswich Suffragettes" and "Colchester Castle 2015" is the title of Tom Hodgeson's presentation on Wednesday 18 November.

#### Meeting Venue

We now meet at the St John Ambulance HQ, Manningtree.

#### **New members**

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship & Shona Fahy between members who are compatible with each other, and provide the

opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10.30am. Please contact Secretary Brian Rolfe on \$\mathbb{\alpha}393665 for further details.

#### **Audrey Mattack writes**

#### LADIES FELLOWSHIP

Our next meeting will be on Wednesday, 25th November when we shall be having our Christmas lunch at Mistley Park at 12.30p.m. You will be contacted in due course regarding travelling arrangements.

Betty Callaghan writes

### THE GOOD **NEIGHBOURS CLUB**

At our last meeting we discussed the

arrangements for our outing to the theatre and then it was 'Eyes down for a full house'. Great Fun! The next meeting will be on Friday 13th November.

#### **DEDHAM TENNIS CLUB**

2015 Roll of Honour:

Men's Singles Champion: James Prior. Ladies Singles Champion: Janet Dennis Men's Doubles Champions: lames Prior & Charlie Clarke

Ladies Doubles Champions: Hilary Cairns

Mixed Doubles Champions: Hayley **Everett & Russell Sainty** 

This magazine can be read in colour at www.dedham-parishchurch.org.uk

## DEDHAM PARISH CHURCH

www.dedham-parishchurch.org.uk e-mail: dedhamparishchurch@outlook.com

MINISTERS		(01206)
Vacancy	Vicar and Lecturer	<b>~</b>
Paul Southern	Assistant Minister	
Merv McKinney	Assistant Minister	

c/o Parish Office, High Street, Dedham CO7 6DE 322 136

#### **CHURCH OFFICERS**

Richard Hopkins	Churchwarden	322 361
Quinlan Terry	Churchwarden	322 370
Be Burleigh	Deputy Churchwarden	323 205
Suzanne Woods	Deputy Churchwarden	01255 870 6 <del>4</del> 0
Gabbie Watson	Verger	322 <del>4</del> 25
Andrew Hodson	Caretaker & Groundsman	07968 445 572

#### MUSIC

Antony Watson	Director of Music	322 <del>4</del> 25
Antony Watson	Director of music	322 123

#### **IUNIOR CHURCH**

Tim Sarson	ReVive@5	322 810
Tilli Sai Soli	NEVIVE (W)	322 610

#### **FLOWER ARRANGERS**

Sally Gotelee	Co-ordinator	322 652
Wendy Sarton	Weddings	323 027

#### **DEDHAM PARISH MAGAZINE**

Melanie Hargreaves (dedhai	meditor@gmail.com) <i>Editor</i>	$\downarrow$
Max Wilkinson	'What's On' Listings	$\downarrow$
Martin Hole	Advertising	$\downarrow$

PARISH OFFICE at the Vicarage

#### 9:30am-II:30am Tuesday 9.30am - II.30am Thursday

Parish Secretary Claire Arculus Asst. Secretary Be Burleigh, Louise Davison Financial Administration Sara Marshall, Katrina Ablett

DEDHAM C.E. PRIMARY SCHOOL www.dedham.essex.sch.uk		ssex.sch.uk
Jason Skelton	Chairman	$\downarrow$
Heather Tetchner	Head Teacher	322 242

ASSEMBLY KOOMS	www.dedham-assemblyrooms.info		
Tracy Woods	Clerk to the Trustees	323 921	

#### **DUCHY BARN**

Carol Mitson	Secretary	323 116
Anne Rowledge	Bookings	322 394

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## DEDHAM PARISH MAGAZINE November 2015

## SUNDAY SERVICES 8.30 a.m.

Holy Communion BCP 1st Sunday in month

322 136

10.30 a.m.

**Family Service** 1st Sunday in month

**Morning Worship** CW 2nd & 5th Sundays **Holy Communion** CW

3rd Sunday in month

Morning Prayer BCP 4th Sunday in month

5 p.m.

**Evening Prayer BCP** 1st Sunday in month

5 p.m.

Re:Vive @5 4th Sunday in month

## **JUNIOR CHURCH** 10.30 a.m.

Family Service

1st Sunday in month

In groups on other Sundays

**DEADLINE FOR NEXT EDITION:** 18 NOVEMBER

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# CHURCH NOTICEBOARD



## **SPECIAL SERVICES OF WORSHIP:**

Sunday 8th November—Remembrance Day

#### **TOWER FLAG DAY THIS MONTH**

Sunday 8th November - Remembrance Day





# From the Registers

#### **BAPTISMS**

13 September 2015 - Emily Kate DAVIES

13 September 2015 - Jessica Lauren DAVIES

13 September 2015 - Phoebe Grace DAVIES

4 October 2015- Lily-Mae Marie ATKINSON



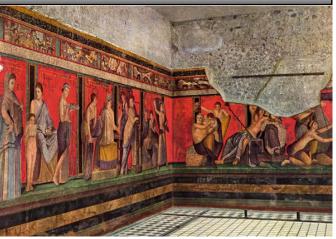
Great things can grow from a small decision...

Please Remember
DEDHAM PARISH CHURCH
in your Will

## GOD IN THE ARTS

## He gave us eyes to see them: Wall painting of Pompeii

Each month we have explored how art celebrates the wonder of our world – the seasons, the elements, animals and fish, flowers and fruit. They manifest the glory of God the creator. Irenaeus, the 2nd century theologian,



went further and wrote that 'the glory of God is a living person.' He was echoing Psalm 8: 'What are human beings that you are mindful of them...you have crowned them and put all things under their feet.' Yes, the universe teaches of God the creator, but in becoming one of us, the Son of God has put human beings above all creation.

The nobility of that vision is captured in this 1st century wall painting from Pompeii showing Neo and his wife. They lived at a time when St Paul was preaching and the gospels were being written. We don't know if those events made an impact on their lives. But we do know that St Paul was executed around AD67, and just twelve years later this couple were victims of the eruption of Mount Vesuvius.

Their almond-shaped eyes are like windows into their souls. We sense the beauty, but also the fragility. They tell us that life is a gift to be cherished precisely because it is so easily taken from us. Neo's intense eyes look at us, while his wife looks beyond into the distance. She has the eyes of hopes and dreams that were cruelly shattered by the volcano.

Living men and women, like this couple, are tokens of the wonder of creation, but they also tell us of the transience of that very gift of life. 'Where can we place our hope?' we ask ourselves. The feasts of All Saints and All Souls tell us that the end of life here is a door opening into a greater glory and a brighter light. There is wonder and beauty in life here, and with the eyes of faith we can look beyond to glimpse the wonder of eternity.

# CHILDREN'S PAGE



Nov15 @deborah noble • parishpump.co.uk



Shops open & Much More!

Spaces can be booked through Kim Spencer **☎322773**All Proceeds to Dedham (C of E) Primary School

## Let's raise the Roof

(raising money for SSM church roof fund)



Come and enjoy a "cuppa" and cakes in our beautiful church.

Browse around local crafts and other stalls accompanied by a variety of musical interludes.

Stratford St Mary Church Saturday 12<sup>th</sup> December 10.00am – 3.00pm

Whether you're an artist, a baker, a candlestick maker or indeed if you simply want to de-clutter, any items you wish to donate for the stalls are all greatly appreciated

(call Julie on **207989 639 583**)

## **NEWSROUND**



# You are invited to a Service of Thanksgiving

for those we have loved and whose memories we cherish



3 p.m. Sunday 1 November 2015

Charlotte Markwell writes

# ST HELENA HOSPICE'S TREE OF MEMORIES CHRISTMAS

appeal is now open for anyone wishing to make dedications and donations in memory of someone special or for those who wish to support the hospice during the festive time of year.

Donors will be sent a bauble-shaped tag with their personal message to hang on their Christmas tree, with an identical tag being placed on one of the beautiful Tree of Memories in either Colchester's Myland Hall's quiet room or in the Tendring Centre, Clacton-on-Sea. Extra blank tags can be purchased for a minimum donation of £1.

These trees will be on display from Monday 7<sup>th</sup> December until Monday 4<sup>th</sup> January for people to visit and view.



The hospice will also be holding two Tree of Memories remembrance

services, as a way to bring people together to take time to reflect, to sing Christmas carols, listen to readings and remember loved ones. The services will take place on Wednesday 16<sup>th</sup> December 2015, 6.30pm, at St Helena Hospice, Tendring Centre, Jackson Road, Clacton-on-Sea CO15 1JP, and Thursday 17<sup>th</sup> December 2015, 6.30pm, St Helena Hospice, Education and Research Centre, Myland Hall, Barncroft Close, Colchester CO4 9JU.

To take part in this appeal please visit sthelenahospice.org.uk/ treeofmemories 15 or contact the Fundraising Office on \$\alpha 931468\$.

**Jill Strangward writes** 

#### THE BIG BREAKFAST

There will be a Big Breakfast on Saturday 28th November at the Dedham Assembly Rooms, from 8am until 11:30am. Tickets are £8 on the door (donations for under 10s), with all proceeds going to Dedham Parish Church.

## WHAT'S ON: OPERA, MUSICAL, BALLET. LECTURES

#### **OPERA/MUSICAL**

\*Mon 26 Oct: 7.30 pm English
National Opera - live link: Rossini's
The Barber of Seville; Firstsite, Colchester.

**❖Sat 31 Oct:** 4 pm Metropolitan Opera New York - live link: Wagner's *Tannhäuser*; Firstsite.

**❖ Mon 2 Nov:** 7.45 pm **Wolsey**: *The Silver Sword, a* musical adaption of lan Serraillier's novel, to 4 Nov.

**❖Sat 7 Nov:** 6 pm **Aldeburgh**: The Drummer Boy of Waterloo, children's opera; Jubilee Hall; and 8 Nov, 3 pm.

## English Touring Opera Thu 12 to 14 Nov

at Snape, Aldeburgh Massenet's Werther Debussy's Pelléas et Mélisande Offenbach's The Tales of Hoffmann

**❖Thu 12 Nov:** 7.30 pm **OperaUp- Close**: Mozart's *The Marriage of Figa- ro*; The Mercury, Colchester

**❖Tue 18 Nov** 7.45 pm **Platform Musicals**: Sweeney Todd, to 21 Nov; The Headgate, Colchester.

\*Sat 21 Nov: 5.30 pm The MET - live link: Lulu by Alban Berg; Firstsite. 7 pm Aldeburgh Music Club: Handel's Messiah; Snape.

**♦ Mon 23 Nov:** 7.30 pm **Regent Theatre Ipswich**: *Hairspray*, touring production, to 28 Nov.

**❖Thu 3 Dec:** 7.30 pm **ENO - live link**: *The Mikado* by Gilbert and Sullivan; Firstsite.

#### **BALLET**

❖Sun 8 Nov: 3 pm Bolshoi Ballet

Glyndebourne Touring Opera: Tue 17 to 21 Nov

at Theatre Royal, Norwich Donizetti's Don Pasqual; Mozart's Die Entführung aus dem Serail Handel's Saul

- live link: /ewels; Firstsite.

❖Thu 12 Nov: 7.15 pm Royal Ballet - live link: Carmen, Viscera, Afternoon of a faun & Tchaikovsky's pas de deux; Odeon, Colchester and on 16

Nov at Firstsite

**❖Sun 6 Dec:** 3 pm **Bolshoi - live link**: *The Lady Of The Camellias*; Firstsite and Odeon, Colchester.

**❖Sun 13 Dec:** 3 pm **Bolshoi - live link**: *The Nutcracker*; Firstsite.

#### **LECTURES**

**❖Tue 3 Nov:** 7.30 pm **Robert** 

Winston What makes us happy? At The Mercury, Colchester.

❖Sun 15 Nov: 7.30 pm Michael Portillo; Mercury.

Fri 4 Dec: 4 pm SVAM: Prof John Deathridge – Historic buildings and

For details and more events see: www.eamaa.org

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## WHAT'S ON: MUSIC

MUSIC continued

❖ Sat 31 Oct: 8 pm

Pimlott Foundation:

Halloween concert; Old

House, Great Horkesley.

❖Sun I Nov: 3 pm Aldeburgh Music: Imogen Cooper, piano, Chopin; Snape Maltings. 4 pm Stour Valley Arts and Music: young musicians; Constable Hall, East Bergholt.

❖Wed 4 Nov: 6 pm
Suffolk Villages

**Festival**: Rachel Podger, baroque violin.

\*Sat 7 Nov: 7.30 pm Ipswich Chamber Music Society: Busch Ensemble (piano trio); Ipswich School. 7.30 pm Lexden Choral Society; St Botolph's, Colchester..

**❖Sun 8 Nov:** 2.45 pm **Kingfisher**: Debussy, Beethoven piano trios; Lion Walk, Colchester.

\*Sat 14 Nov: Bury Bach Choir:
Rossini's Petite Messe Solennelle; St
Mary's Church Bury. 7.30 pm
Colchester Choral Society: Haydn,
Beethoven; St Botolph's, Colchester.
7.30 pm Ipswich Choral Society:
Poulenc, Mozart, Mendelssohn; St
Mary-le-Tower, Ipswich. 7.30 pm
Kingfisher Sinfonietta: Boccerini,
Mozart, Grieg, Schubert; St Mary's
Woodbridge. 7.30 pm Trianon: St
Mary's, Stowmarket.

**❖Sun 15 Nov:**. 7.30 pm **Stowmarket Chorale**: baroque



music; St Peter's Church, Sudbury.

**∻Fri 20 Nov:** 7.30 pm **Studio Music,** 

Brightlingsea: Cello and

piano.

❖Sat 21 Nov: 7.30 pm
Hadleigh Choral
Society: Fauré's Requiem;
Hadleigh Church. 7.30
pm Ipswich Bach Choir:
Handel's Judas Maccabeus;
Ipswich School. 7.30 pm
Ipswich Chamber
Choir: Bach. Schütz: St

Mary-le-Tower, Ipswich.

**Sun 22 Nov:** 4 pm **SVAM**: Eeden Quartet with Graham Oppenheimer, viola; East Bergholt Church.

❖Sat 28 Nov: 7.30 pm Braintree Choral Society: Rutter and Vaughan Williams, Christmas music; Coggeshall Church. 7.30 pm Colchester Symphony Orchestra: St Botolph's, Colchester. 7.30 pm Ipswich Orchestral Society: Autumn Concert with Imogen Cooper (piano); Corn Exchange.

❖Sun 29 Nov: Nayland Choir: Schumann's Mass in C minor; Nayland Church. 7.30 pm Kingfisher Sinfonietta: Mozart, Schubert, Haydn; Jubilee Hall, Aldeburgh.

❖Sat 5 Dec: 7.30 pm Stour
 Choral Society: Puccini's Messa di
 St Gloria; Mistley Church. 7.30 pm
 Tiptree Choral Society: Gounod,
 Vivaldi; St Luke's church Tiptree.

## **N**EWSROUND

DEDHAM PARISH CHURCH

## CHRISTMAS TREE FESTIVAL

5-6 DECEMBER 2015

Entries are invited from individuals, clubs, businesses and children. Prizes will be awarded for the best decorated tree in each category:

Individuals or families / Groups or businesses / Children up to the age of 12

Entry fee £3 each tree. Deadline for entry forms: 20 November 2015

Completed trees to be delivered to church on Friday 4 December between: 3 - 5 p.m.

Trees to be collected by participants on Sunday 6 December by 5p.m.

i i ce specificacións
☐ LED battery-operated lights only (to be provided by participants
☐ Trees can be on any theme or subject
☐ Trees must not be made of toxic substances or be offensive
☐ Entries can be from individuals, groups or classes
☐ No taller than 5ft

Further information available from Briony Lawton on ≥321224

DEDHAM CHRISTMAS TREE FESTIVAL ENTRY FORM please complete and return - with a £3 entry fee - to the Parish Office

Category (please indicate)

Tree specifications

1. Individual or family / 2. Groups or businesses / 3. Child (up to the age of 12)

**Title of Tree Entry** (for the printed catalogue)

Approx. Height: LED Battery lighting? YES / NO (please indicate)

Name & Address (please PRINT)
Telephone / Mobile / Email (please provide all if available)

## PARISH COUNCIL

Christine Frost writes

#### **CARE FORUM**

The date for our, 'Living Well in Dedham' event is fast approaching. It will be held on Thursday 12 November 2pm – 4.30pm in the Assembly Rooms. Doors open at 1.30. Many organisations will be present and you are invited to find out more to help you to maintain better health, to keep your independence in older age, be more secure in your home and be better informed about fire and other safety issues.

Don't worry if you haven't let us know you're coming- just turn up. It's not too late to request a lift - please get in touch - **☎322296**.

#### **BUS REVIEW**

Essex County Council is at present reviewing the subsidised bus services. Many bus routes across the county are run on a commercial basis by the various bus companies. However, there PLANTERS are a number of routes, mostly to rural destinations and off peak services, which are not profitable but which provide a vital service and are therefore subsidised by Essex County

Council.

The draft proposals for Dedham seem largely positive, with a new running to and from Manningtree

station on weekdays. There is also a proposal for a new late night service from Colchester to Dedham and a number of other suggested changes. Full details can be found on the Essex County Council website. The document covers the whole of the county and is very bulky. For a synopsis of the proposals for Dedham please contact the Parish Clerk.

#### **PARKING AND YELLOW LINES**

The Parish Council is aware that there are ongoing problems with parking on some of our narrow roads in the vicinity of the village centre. It will be considering whether it is appropriate to request 'yellow lines' to deter inconsiderate parkers. Of course, this might cause additional problems for residents. If you have any comments on this matter please get in touch with the Parish Clerk.

The planters in the village will be planted up for winter and spring colour. Sadly, one of the new tubs in the vicinity of the Dedham Art and Craft Centre was vandalised over the summer, but we hope this was a oneoff incident.

The next meeting will be on **Monday** 2 November, 7.30pm in the Duchy Barn.

'commuter' service www.dedhamparishcouncil.org clerk@dedhamparishcouncil.org.uk **☎01255 871483** 

# WHAT'S ON: FILM, THEATRE & MUSIC

#### **FILM**

**❖Mon 2 Nov:** 7.30 pm **Firstsite**: Gerhard Richter - painting.

**❖Mon 9 Nov:** 7.30 pm **Firstsite**: Biog of Mexican painter, Frida Kahlo.

**❖Sun 15 Nov:** 2 pm **Firstsite**: The Tales of Hoffman, film based on

Offenbach's opera. **❖Tue 24 Nov:** 7.30

pm **Firstsite**: The Tribe Dir. Miroslav Slaboshpit-

Wed 18 Nov: 7.30 pm **Dedham Films:** Testament of Youth Assembly Rooms.

**❖ Fri 27 Nov:** 7.30 pm Polstead films: Mr Holmes.

## **THEATRE**

**∜Wed 28 Oct:** 7 pm Royal Shakespeare Company **live link**: Shakespeare's Henry V; Firstsite.

**❖Thu 5 Nov:** 8 pm The Mercury: Bully Boy by Sandi Toksvig, to 21 Nov.

**❖ Mon 9-14 Nov:** 7.45 pm **Wol**sey: Absent Friends by Alan Ayckbourn.

**♦ Wed II-I4 Nov:** 7.45 pm **Col**chester Theatre Group: Chimps by Simon Bloc, The Headgate, Colchester.

**❖Thu 12 Nov:** 7 pm NT - live link: Shakespeare's Hamlet with Benedict Cumberbatch, and on 14 Nov: Firstsite. 7.30 pm Lakeside Theatre, Colchester: I Malvolio a one-man re-

Thu 19 Nov: 7 pm NT - live link: Of Mice and Men, Broadway version of Steinbeck's novel: Firstsite & Odeon, Colchester, and on 25 Nov via **Dedham Films Live** 

imagination of Twelfth Night.

**❖Thu 19 Nov:** 7.30 pm: **London Contemporary** Theatre: adaptation of Bernard Shaw's Pygmalion; Lakeside, Colchester. **❖Thu 26 Nov:** 7.15 pm Branagh Theatre Co live link: Shakespeare's A Winter's Tale with Judi Dench and Kenneth Branagh; and on 24 Dec at 2 pm; Firstsite. 7.30 pm Wolsey: Dick Whittington and his cat; Felixstowe Musical Theatre, to 28 Nov.



Judi Dench 26 Nov

#### **MUSIC**

**❖Sun 25 Oct:** 2.45 pm **Kingfisher** Sinfonietta: Beethoven's Piano Concerto No. 1: Lion Walk Church, Colchester. 4 pm Wrabness Concerts: Callino String Quartet - Haydn, Janacek, Beethoven: Wrabness Church. 7 pm Aurora Voices: Songs from Musicals; Headgate Theatre, Colchester. ❖Fri 30 Oct: 1.10 pm St Mary-le-

Tower Church, Ipswich: Colin Walsh organ.

**♦ Sat 31 Oct:** 7.30 pm **Tower Chamber Choir**: Victoria's Requiem; St Mary-le-Tower, Ipswich.

## In the Assembly Rooms, Dedham





Wednesday 18 NOVEMBER 2015 TESTAMENT OF YOUTH (12A) Directed by James Kent 2014

Unlike the many films that have been made about both world wars, Testament of Youth explores emotional loss, not only of a young woman who loses everyone she has come to love, but the domestic view of those on both sides of the war: a charged view of the consummate despair that war can cause. Beautifully directed, this film will touch your heart - bring a very large box of tissues.

As close as we could make it to Remembrance Day, it is our tribute to all those lost in both World Wars.

Admission 7 pm - Film begins 7.30 pm
Tickets £4 available from Shakespeare House Gallery or online at
dedhamfilms.co.uk





Wednesday 25 November 2015

Of Mice and Men (National Theatre Live Encore)

Directed by Anne Sapiro and starring Chris O'Dowd and James Franco

This landmark revival of Nobel Prize winner John Steinbeck's play is a powerful portrait of the American spirit and a heartbreaking testament to the bonds of friendship.

Admission 6.30 pm – Screening begins at 7 pm Tickets £10 available from Shakespeare House Gallery or online at dedhamfilms.co.uk

Refreshments available before the film or screening and during the film interval

Contacts: Jax Horswill 322 328 or dedhamfilms@gmail.com
To find out more about the films, live screenings or Dedham Films visit
www.dedhamfilms.co.uk



## **DEDHAM PRIMARY SCHOOL**



Laura Valentine writes

We were delighted to welcome Mrs
Martha Nyaga to Dedham Primary
School at the end of September. She
is a teacher at our partner school in
Kenya and she spent a jam-packed
week here finding out about teaching
and learning in England.

in two brilliant concerts at Dedham
Parish Church. "It was awesome", 'didn't want it to end" and, "It's mad
me want to sing more" are just a few
quotes from the children. It was a
pleasure to see all of our children
(even our four-year-olds!), beaming

As a maths specialist, she was particularly keen to take part in maths lessons and above all, new ideas for teaching times tables and engaging children in self-assessment were top

of her list of things to share back at Gatunduri.

Off timetable, fish and chips at Frinton, Choral Evensong at St Paul's and trying Eton Mess were other highlights! We hope to be able to send another member of staff to Kenya in May 2016.

In October, we excitedly welcomed iSingPOP to Dedham. This singing and recording project, jointly funded by Dedham Church and the school, lasted for five days and saw the children learning seven songs based on Christian values. On day four, the children recorded their own CD and on day five, they performed Parish Church. "It was awesome", "I didn't want it to end" and, "It's made me want to sing more" are just a few quotes from the children. It was a pleasure to see all of our children (even our four-year-olds!), beaming from ear to ear and giving their performances absolutely everything. We look forward to adding these new worship songs to the hymn list at family services and Revive@5.



## NOTICEBOARD



Sally Gotelee writes
FLOWER
CO-ORDINATOR

REQUIRED

When the Christmas decorations are put away at the beginning

of January, I shall retire from coordinating the flower arranging at Dedham Church. I have thoroughly enjoyed the time over twenty years, but it is time for a younger volunteer to come forward with energy and new ideas. The flower arrangers and helpers could not be more generous and supportive - they are great to work with. Following Wendy Sarton taking over from Barbara Ward organising the wedding flowers, we now need a new co-ordinator to replace me and support Wendy. Please contact either Sally Gotelee on **☎322652** or the office on **2322136** if you are interested.

Pete Keeble writes

# CONSTABLE COUNTRY MEDICAL PRACTICE New Appointment System

We recently launched a new appointment system and feedback has been encouraging. We want to ensure that patients who need advice from a doctor receive it the same day, and we have been able to achieve this. We have more pre-bookable appointments, (some available online) with some released on a daily basis. If appointments are unavailable, a doctor or nurse practitioner will phone the patient, who will be seen if needed.

However, as demand continues to vary, some days are busy. but every patient will still receive the medical advice they need.

With demand increasing, NHS England is encouraging patients to seek advice on minor ailments from their local pharmacy.

If you have used the new system, we would value your feedback. You can provide feedback on NHS Choices or by completing a Friends and Family Test comment card available in our waiting areas.

# Flu, Pneumococcal and Shingles Vaccinations

Eligible patients unable to attend one of our flu days are now able to book an appointment at a weekly mini clinic for their flu and/or pneumococcal vaccination. All patients who are eligible for a free NHS vaccination will have received a letter from the practice. If patients wish to decline any of the vaccinations offered, please inform the practice. Children eligible for free NHS flu vaccination will be contacted separately.

The practice is offering shingles vaccinations. Patients aged 70, 71, 72, 78 or 79 on 1<sup>st</sup> September 2015 are eligible for a free NHS shingle vaccination. Please contact the practice.

#### **Training Days**

Just a reminder that the practice will be closed from 1pm on the following dates for staff training: 12<sup>th</sup> Nov, 9<sup>th</sup> Dec, 10<sup>th</sup> Feb 2016. Please ensure any prescriptions are picked up well beforehand.